US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:11	4.2	7:43	6.4	1:40	0.7	1:07	2.2	6:13	8:18	
2	Mon	9:33	4.4	8:37	6.5	2:45	0.3	2:13	2.5	6:14	8:17	
3	Tue	10:38	4.6	9:29	6.5	3:41	-0.1	3:15	2.7	6:15	8:16	
4	Wed	11:31	4.9	10:18	6.5	4:30	-0.3	4:10	2.7	6:16	8:15	
5	Thu			12:16	5.0	5:14	-0.5	5:00	2.7	6:16	8:14	
6	Fri			12:56	5.1	5:54	-0.5	5:46	2.6	6:17	8:13	
7	Sat			1:32	5.1	6:31	-0.4	6:28	2.6	6:18	8:12	
8	Sun	12:26	6.1	2:05	5.1	7:06	-0.3	7:09	2.5	6:19	8:11	
9	Mon	1:04	5.9	2:36	5.1	7:39	0.0	7:49	2.4	6:20	8:10	
10	Tue	1:43	5.6	3:05	5.1	8:12	0.3	8:30	2.3	6:21	8:08	
11	Wed	2:23	5.2	3:35	5.2	8:45	0.6	9:15	2.2	6:22	8:07	
12	Thu	3:07	4.8	4:07	5.2	9:20	1.1	10:06	2.1	6:22	8:06	
13	Fri	3:58	4.4	4:43	5.3	9:57	1.6	11:04	2.0	6:23	8:05	
14	Sat	5:03	4.0	5:24	5.3	10:40	2.0			6:24	8:04	
15	Sun	6:27	3.8	6:11	5.4	12:10	1.7	11:34 AM	2.5	6:25	8:02	
16	Mon	8:00	3.8	7:03	5.6	1:16	1.4	12:39	2.8	6:26	8:01	
17	Tue	9:19	4.0	7:57	5.8	2:15	1.0	1:45	3.0	6:27	8:00	
18	Wed	10:16	4.3	8:50	6.1	3:07	0.5	2:45	3.0	6:28	7:58	
19	Thu	11:01	4.6	9:41	6.4	3:53	0.1	3:37	2.8	6:28	7:57	
20	Fri	11:41	4.9	10:31	6.6	4:37	-0.3	4:25	2.6	6:29	7:56	
21	Sat			12:19	5.1	5:19	-0.6	5:12	2.3	6:30	7:54	
22	Sun			12:56	5.4	6:01	-0.8	6:00	2.0	6:31	7:53	
23	Mon	12:11	6.7	1:34	5.6	6:42	-0.7	6:49	1.6	6:32	7:52	
24	Tue	1:03	6.5	2:13	5.8	7:25	-0.4	7:42	1.3	6:33	7:50	
25	Wed	1:57	6.2	2:53	6.0	8:08	0.0	8:38	1.1	6:34	7:49	
26	Thu	2:55	5.7	3:36	6.1	8:53	0.6	9:39	0.9	6:34	7:47	
27	Fri	4:00	5.1	4:23	6.1	9:42	1.2	10:47	0.8	6:35	7:46	
28	Sat	5:15	4.7	5:15	6.1	10:38	1.9			6:36	7:45	
29	Sun	6:43	4.4	6:13	6.1	12:00	0.7	11:46 AM	2.4	6:37	7:43	
30	Mon	8:12	4.5	7:16	6.0	1:15	0.5	1:02	2.7	6:38	7:42	
31	Tue	9:25	4.7	8:17	6.0	2:22	0.3	2:15	2.8	6:39	7:40	