US HARBORS www.USHarbors.com

Alcatraz Island, CA - Sep 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:22	4.9	9:15	6.1	3:20	0.1	3:17	2.7	6:40	7:39	
2	Thu	11:08	5.1	10:06	6.1	4:10	0.0	4:09	2.5	6:40	7:37	
3	Fri	11:47	5.2	10:52	6.0	4:52	0.0	4:54	2.3	6:41	7:36	
4	Sat			12:21	5.2	5:29	0.0	5:35	2.1	6:42	7:34	
5	Sun			12:51	5.2	6:03	0.2	6:12	2.0	6:43	7:33	
6	Mon	12:14	5.8	1:18	5.2	6:35	0.3	6:47	1.8	6:44	7:31	
7	Tue	12:53	5.6	1:43	5.3	7:05	0.6	7:22	1.7	6:45	7:30	
8	Wed	1:31	5.3	2:09	5.3	7:35	0.9	7:57	1.6	6:45	7:28	
9	Thu	2:11	5.0	2:36	5.3	8:06	1.3	8:36	1.5	6:46	7:27	
10	Fri	2:55	4.7	3:06	5.3	8:38	1.7	9:18	1.4	6:47	7:25	
11	Sat	3:46	4.4	3:41	5.3	9:14	2.2	10:09	1.3	6:48	7:23	
12	Sun	4:50	4.1	4:23	5.3	9:58	2.6	11:08	1.3	6:49	7:22	
13	Mon	6:11	4.0	5:15	5.3	10:56	3.0			6:50	7:20	
14	Tue	7:39	4.1	6:16	5.4	12:16	1.1	12:12	3.2	6:50	7:19	
15	Wed	8:50	4.3	7:20	5.5	1:24	0.8	1:28	3.1	6:51	7:17	
16	Thu	9:42	4.6	8:23	5.8	2:24	0.4	2:30	2.9	6:52	7:16	
17	Fri	10:23	4.9	9:22	6.0	3:16	0.1	3:23	2.5	6:53	7:14	
18	Sat	11:01	5.2	10:17	6.3	4:03	-0.2	4:11	2.0	6:54	7:13	
19	Sun	11:37	5.5	11:11	6.4	4:47	-0.3	4:59	1.5	6:55	7:11	
20	Mon			12:14	5.8	5:30	-0.3	5:46	1.0	6:56	7:09	
21	Tue	12:05	6.3	12:51	6.0	6:13	-0.1	6:35	0.6	6:56	7:08	
22	Wed	1:00	6.2	1:29	6.2	6:55	0.3	7:26	0.2	6:57	7:06	
23	Thu	1:56	5.8	2:09	6.3	7:39	0.8	8:19	0.0	6:58	7:05	
24	Fri	2:56	5.4	2:53	6.3	8:26	1.4	9:17	0.0	6:59	7:03	
25	Sat	4:02	5.1	3:41	6.2	9:18	2.0	10:20	0.1	7:00	7:02	
26	Sun	5:17	4.8	4:35	5.9	10:21	2.5	11:29	0.2	7:01	7:00	
27	Mon	6:40	4.6	5:38	5.7	11:39	2.9			7:02	6:59	
28	Tue	7:59	4.8	6:47	5.5	12:42	0.3	1:03	2.9	7:02	6:57	
29	Wed	9:03	5.0	7:56	5.4	1:50	0.3	2:15	2.7	7:03	6:55	
30	Thu	9:53	5.1	8:58	5.4	2:49	0.3	3:13	2.4	7:04	6:54	