



































## Alcatraz Island, CA - Dec 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:28	5.9	10:52	4.5	3:09	2.0	4:13	0.2	7:06	4:50	
2	Thu	9:57	6.0	11:36	4.6	3:46	2.3	4:45	-0.1	7:07	4:50	
3	Fri	10:28	6.1			4:21	2.5	5:17	-0.3	7:08	4:50	
4	Sat	12:19	4.7	11:00 AM	6.1	4:57	2.7	5:50	-0.5	7:09	4:50	
5	Sun	1:02	4.7	11:34 AM	6.1	5:34	2.9	6:25	-0.6	7:10	4:50	
6	Mon	1:45	4.8	12:11	6.0	6:14	3.0	7:04	-0.7	7:11	4:50	
7	Tue	2:30	4.8	12:52	5.9	6:59	3.1	7:46	-0.6	7:11	4:50	
8	Wed	3:17	4.8	1:39	5.6	7:52	3.2	8:33	-0.5	7:12	4:50	
9	Thu	4:07	4.9	2:34	5.3	8:57	3.1	9:25	-0.2	7:13	4:50	
10	Fri	4:57	5.1	3:42	4.9	10:14	2.9	10:21	0.1	7:14	4:50	
11	Sat	5:46	5.3	5:03	4.5	11:33	2.4	11:20	0.5	7:15	4:50	
12	Sun	6:33	5.6	6:30	4.3			12:44	1.7	7:15	4:51	
13	Mon	7:18	6.0	7:53	4.4	12:19	0.9	1:44	0.9	7:16	4:51	
14	Tue	8:02	6.4	9:06	4.6	1:16	1.3	2:38	0.2	7:17	4:51	
15	Wed	8:45	6.7	10:11	4.8	2:11	1.7	3:27	-0.5	7:17	4:51	
16	Thu	9:27	6.9	11:09	5.0	3:03	2.0	4:14	-1.0	7:18	4:52	
17	Fri	10:11	7.0			3:54	2.3	5:00	-1.3	7:19	4:52	
18	Sat	12:03	5.1	10:54 AM	6.9	4:44	2.5	5:45	-1.3	7:19	4:52	
19	Sun	12:54	5.2	11:38 AM	6.7	5:35	2.7	6:29	-1.3	7:20	4:53	
20	Mon	1:42	5.2	12:22	6.4	6:26	2.8	7:13	-1.0	7:20	4:53	
21	Tue	2:30	5.2	1:07	6.0	7:21	2.9	7:57	-0.7	7:21	4:54	
22	Wed	3:17	5.1	1:55	5.4	8:19	2.9	8:43	-0.2	7:21	4:54	
23	Thu	4:04	5.1	2:46	4.9	9:25	2.9	9:29	0.2	7:22	4:55	
24	Fri	4:51	5.1	3:46	4.4	10:37	2.7	10:19	0.7	7:22	4:55	
25	Sat	5:36	5.1	5:00	4.0	11:49	2.4	11:12	1.2	7:23	4:56	
26	Sun	6:19	5.3	6:24	3.7			12:53	2.0	7:23	4:56	
27	Mon	6:58	5.4	7:48	3.7	12:06	1.6	1:47	1.5	7:23	4:57	
28	Tue	7:35	5.6	8:58	3.9	12:58	2.0	2:32	1.0	7:24	4:58	
29	Wed	8:11	5.8	9:55	4.1	1:48	2.3	3:12	0.5	7:24	4:59	
30	Thu	8:46	6.0	10:43	4.4	2:33	2.5	3:48	0.1	7:24	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Fri	<b>9:22</b>	6.2	<b>11:29</b>	4.6	<b>3:16</b>	2.7	<b>4:23</b>	-0.2	7:24	5:00	