US HARBORS www.USHarbors.com

Alcatraz Island, CA - May 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:03	6.5	2:37	5.0	7:39	-1.4	7:33	2.0	6:12	8:00	
2	Tue	1:46	6.4	3:39	4.9	8:31	-1.4	8:27	2.4	6:11	8:01	
3	Wed	2:33	6.2	4:45	4.7	9:26	-1.2	9:31	2.7	6:10	8:02	
4	Thu	3:25	5.8	5:53	4.7	10:25	-0.8	10:49	2.9	6:09	8:03	
5	Fri	4:26	5.3	7:01	4.8	11:29	-0.5			6:08	8:04	
6	Sat	5:35	4.8	8:01	4.9	12:15	2.8	12:34	-0.2	6:06	8:05	
7	Sun	6:52	4.5	8:51	5.1	1:33	2.5	1:35	0.1	6:05	8:06	
8	Mon	8:07	4.3	9:31	5.2	2:38	2.0	2:29	0.4	6:04	8:07	
9	Tue	9:15	4.3	10:05	5.3	3:30	1.5	3:15	0.6	6:04	8:08	
10	Wed	10:14	4.3	10:35	5.4	4:15	1.0	3:56	0.9	6:03	8:09	
11	Thu	11:06	4.3	11:01	5.5	4:54	0.6	4:32	1.3	6:02	8:10	
12	Fri	11:54	4.3	11:26	5.6	5:29	0.3	5:07	1.6	6:01	8:10	
13	Sat			12:39	4.4	6:01	0.0	5:40	1.9	6:00	8:11	
14	Sun			1:23	4.4	6:32	-0.2	6:12	2.2	5:59	8:12	
15	Mon	12:18	5.7	2:07	4.4	7:04	-0.4	6:46	2.5	5:58	8:13	
16	Tue	12:47	5.7	2:51	4.3	7:37	-0.5	7:22	2.8	5:57	8:14	
17	Wed	1:19	5.6	3:38	4.3	8:12	-0.5	8:01	3.0	5:57	8:15	
18	Thu	1:55	5.5	4:28	4.3	8:52	-0.5	8:48	3.1	5:56	8:16	
19	Fri	2:36	5.3	5:21	4.3	9:38	-0.5	9:47	3.2	5:55	8:16	
20	Sat	3:24	5.1	6:15	4.4	10:29	-0.4	11:01	3.1	5:54	8:17	
21	Sun	4:23	4.8	7:06	4.6	11:25	-0.2			5:54	8:18	
22	Mon	5:35	4.5	7:51	4.9	12:21	2.8	12:24	0.0	5:53	8:19	
23	Tue	6:56	4.4	8:32	5.3	1:31	2.3	1:21	0.2	5:53	8:20	
24	Wed	8:16	4.4	9:11	5.6	2:30	1.6	2:15	0.4	5:52	8:20	
25	Thu	9:31	4.5	9:49	6.0	3:23	0.8	3:06	0.8	5:51	8:21	
26	Fri	10:39	4.6	10:28	6.4	4:12	0.0	3:55	1.1	5:51	8:22	
27	Sat	11:42	4.8	11:08	6.7	5:01	-0.7	4:43	1.5	5:50	8:23	
28	Sun			12:42	4.9	5:49	-1.3	5:32	1.9	5:50	8:23	
29	Mon			1:40	5.0	6:37	-1.6	6:22	2.3	5:49	8:24	
30	Tue	12:34	6.8	2:37	5.0	7:26	-1.7	7:16	2.6	5:49	8:25	
31	Wed	1:20	6.6	3:33	5.0	8:15	-1.6	8:13	2.8	5:49	8:26	