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# Alcatraz Island, CA - Jun 2056

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | **2:09** | 6.2 | **4:29** | 5.0 | **9:06** | -1.3 | **9:18** | 2.9 | 5:48 | 8:26 | |
| 2 | Fri | **3:01** | 5.7 | **5:26** | 5.0 | **9:59** | -0.9 | **10:32** | 2.9 | 5:48 | 8:27 | |
| 3 | Sat | **3:59** | 5.2 | **6:22** | 5.0 | **10:54** | -0.4 | **11:51** | 2.7 | 5:48 | 8:27 | |
| 4 | Sun | **5:03** | 4.6 | **7:13** | 5.1 | **11:50** | 0.0 | | | 5:47 | 8:28 | |
| 5 | Mon | **6:17** | 4.2 | **7:59** | 5.2 | **1:05** | 2.3 | **12:45** | 0.5 | 5:47 | 8:29 | |
| 6 | Tue | **7:36** | 3.9 | **8:38** | 5.4 | **2:10** | 1.9 | **1:38** | 0.9 | 5:47 | 8:29 | |
| 7 | Wed | **8:52** | 3.8 | **9:13** | 5.5 | **3:04** | 1.4 | **2:26** | 1.3 | 5:47 | 8:30 | |
| 8 | Thu | **10:00** | 3.9 | **9:43** | 5.6 | **3:50** | 0.9 | **3:10** | 1.7 | 5:47 | 8:30 | |
| 9 | Fri | **10:58** | 4.0 | **10:13** | 5.8 | **4:30** | 0.5 | **3:51** | 2.0 | 5:47 | 8:31 | |
| 10 | Sat | **11:49** | 4.2 | **10:42** | 5.9 | **5:06** | 0.1 | **4:30** | 2.3 | 5:47 | 8:31 | |
| 11 | Sun | | | **12:36** | 4.3 | **5:39** | -0.2 | **5:07** | 2.6 | 5:47 | 8:32 | |
| 12 | Mon | | | **1:19** | 4.4 | **6:12** | -0.4 | **5:44** | 2.8 | 5:47 | 8:32 | |
| 13 | Tue | | | **2:00** | 4.5 | **6:44** | -0.6 | **6:22** | 3.0 | 5:47 | 8:33 | |
| 14 | Wed | **12:20** | 6.0 | **2:41** | 4.6 | **7:18** | -0.7 | **7:01** | 3.1 | 5:47 | 8:33 | |
| 15 | Thu | **12:56** | 5.9 | **3:22** | 4.6 | **7:54** | -0.8 | **7:44** | 3.1 | 5:47 | 8:33 | |
| 16 | Fri | **1:35** | 5.8 | **4:04** | 4.7 | **8:33** | -0.8 | **8:32** | 3.1 | 5:47 | 8:34 | |
| 17 | Sat | **2:18** | 5.6 | **4:48** | 4.8 | **9:16** | -0.7 | **9:30** | 3.1 | 5:47 | 8:34 | |
| 18 | Sun | **3:07** | 5.3 | **5:32** | 4.9 | **10:02** | -0.5 | **10:38** | 2.9 | 5:47 | 8:34 | |
| 19 | Mon | **4:06** | 4.9 | **6:17** | 5.1 | **10:51** | -0.1 | **11:53** | 2.5 | 5:47 | 8:34 | |
| 20 | Tue | **5:17** | 4.5 | **7:01** | 5.4 | **11:45** | 0.3 | | | 5:47 | 8:35 | |
| 21 | Wed | **6:41** | 4.2 | **7:45** | 5.8 | **1:05** | 1.9 | **12:40** | 0.7 | 5:48 | 8:35 | |
| 22 | Thu | **8:09** | 4.1 | **8:28** | 6.2 | **2:09** | 1.2 | **1:37** | 1.2 | 5:48 | 8:35 | |
| 23 | Fri | **9:31** | 4.2 | **9:12** | 6.5 | **3:06** | 0.4 | **2:32** | 1.6 | 5:48 | 8:35 | |
| 24 | Sat | **10:43** | 4.4 | **9:56** | 6.8 | **3:59** | -0.3 | **3:27** | 2.0 | 5:49 | 8:35 | |
| 25 | Sun | **11:46** | 4.7 | **10:42** | 7.0 | **4:49** | -0.9 | **4:21** | 2.3 | 5:49 | 8:35 | |
| 26 | Mon | | | **12:43** | 4.9 | **5:37** | -1.3 | **5:14** | 2.6 | 5:49 | 8:35 | |
| 27 | Tue | | | **1:35** | 5.0 | **6:25** | -1.5 | **6:08** | 2.7 | 5:50 | 8:35 | |
| 28 | Wed | **12:15** | 6.9 | **2:25** | 5.1 | **7:12** | -1.5 | **7:02** | 2.8 | 5:50 | 8:35 | |
| 29 | Thu | **1:03** | 6.6 | **3:13** | 5.2 | **7:58** | -1.3 | **7:58** | 2.8 | 5:51 | 8:35 | |
| 30 | Fri | **1:51** | 6.2 | **4:00** | 5.2 | **8:43** | -1.0 | **8:58** | 2.8 | 5:51 | 8:35 | |