US HARBORS www.USHarbors.com

Alcatraz Island, CA - Oct 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**7:13**	4.1	**5:22**	5.0	**11:46**	3.4			7:06	6:51	
2	Mon	**8:24**	4.3	**6:30**	5.0	**12:38**	0.9	**1:10**	3.3	7:07	6:50	
3	Tue	**9:13**	4.6	**7:38**	5.1	**1:42**	0.7	**2:12**	3.1	7:08	6:48	
4	Wed	**9:50**	4.8	**8:40**	5.3	**2:36**	0.4	**3:02**	2.7	7:08	6:47	
5	Thu	**10:23**	5.1	**9:36**	5.6	**3:22**	0.2	**3:45**	2.2	7:09	6:45	
6	Fri	**10:55**	5.3	**10:30**	5.7	**4:04**	0.1	**4:26**	1.6	7:10	6:44	
7	Sat	**11:26**	5.6	**11:22**	5.8	**4:44**	0.1	**5:08**	1.1	7:11	6:42	
8	Sun	**11:59**	5.9			**5:23**	0.3	**5:51**	0.5	7:12	6:41	
9	Mon	**12:16**	5.8	**12:33**	6.2	**6:03**	0.6	**6:37**	0.0	7:13	6:39	
10	Tue	**1:11**	5.7	**1:10**	6.4	**6:44**	1.1	**7:25**	-0.4	7:14	6:38	
11	Wed	**2:08**	5.4	**1:49**	6.4	**7:28**	1.6	**8:17**	-0.5	7:15	6:36	
12	Thu	**3:10**	5.2	**2:33**	6.4	**8:15**	2.1	**9:13**	-0.5	7:16	6:35	
13	Fri	**4:18**	4.9	**3:23**	6.2	**9:10**	2.6	**10:15**	-0.4	7:17	6:34	
14	Sat	**5:34**	4.8	**4:22**	5.9	**10:19**	3.0	**11:25**	-0.2	7:18	6:32	
15	Sun	**6:52**	4.8	**5:32**	5.6	**11:47**	3.1			7:19	6:31	
16	Mon	**8:03**	5.0	**6:47**	5.4	**12:37**	0.0	**1:14**	2.9	7:20	6:29	
17	Tue	**8:59**	5.2	**8:02**	5.3	**1:45**	0.1	**2:25**	2.5	7:21	6:28	
18	Wed	**9:45**	5.4	**9:08**	5.2	**2:43**	0.2	**3:22**	2.0	7:22	6:27	
19	Thu	**10:23**	5.6	**10:06**	5.2	**3:31**	0.3	**4:10**	1.6	7:23	6:25	
20	Fri	**10:57**	5.6	**10:57**	5.2	**4:13**	0.5	**4:52**	1.2	7:23	6:24	
21	Sat	**11:26**	5.7	**11:45**	5.1	**4:51**	0.8	**5:29**	0.8	7:24	6:23	
22	Sun	**11:52**	5.7			**5:25**	1.2	**6:04**	0.6	7:25	6:21	
23	Mon	**12:30**	5.0	**12:17**	5.7	**5:57**	1.5	**6:37**	0.4	7:26	6:20	
24	Tue	**1:13**	4.9	**12:41**	5.7	**6:29**	1.9	**7:10**	0.3	7:27	6:19	
25	Wed	**1:57**	4.7	**1:07**	5.7	**7:01**	2.3	**7:43**	0.2	7:28	6:18	
26	Thu	**2:43**	4.6	**1:35**	5.6	**7:35**	2.7	**8:19**	0.2	7:29	6:17	
27	Fri	**3:32**	4.5	**2:08**	5.5	**8:12**	3.0	**8:59**	0.2	7:31	6:15	
28	Sat	**4:27**	4.4	**2:46**	5.3	**8:56**	3.3	**9:46**	0.3	7:32	6:14	
29	Sun	**5:29**	4.3	**3:33**	5.1	**9:54**	3.5	**10:40**	0.4	7:33	6:13	
30	Mon	**6:36**	4.4	**4:32**	4.9	**11:14**	3.5	**11:42**	0.5	7:34	6:12	
31	Tue	**7:34**	4.5	**5:44**	4.7			**12:39**	3.3	7:35	6:11	