US HARBORS www.USHarbors.com

Alcatraz Island, CA - Nov 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:21	4.8	6:59	4.7	12:45	0.5	1:45	2.9	7:36	6:10	
2	Thu	8:59	5.1	8:11	4.8	1:43	0.4	2:37	2.3	7:37	6:09	
3	Fri	9:33	5.4	9:17	5.0	2:34	0.4	3:23	1.6	7:38	6:08	
4	Sat	10:07	5.7	10:18	5.2	3:20	0.5	4:07	0.9	7:39	6:07	
5	Sun	9:40	6.1	10:17	5.3	3:04	0.7	3:51	0.2	6:40	5:06	
6	Mon	10:16	6.4	11:15	5.3	3:47	1.0	4:36	-0.5	6:41	5:05	
7	Tue	10:53	6.7			4:31	1.4	5:23	-1.0	6:42	5:04	
8	Wed	12:13	5.3	11:33 AM	6.8	5:16	1.9	6:11	-1.2	6:43	5:03	
9	Thu	1:12	5.3	12:16	6.8	6:04	2.3	7:02	-1.3	6:44	5:02	
10	Fri	2:12	5.2	1:04	6.6	6:56	2.7	7:56	-1.1	6:45	5:01	
11	Sat	3:15	5.1	1:56	6.2	7:57	3.0	8:54	-0.8	6:46	5:00	
12	Sun	4:21	5.0	2:56	5.7	9:12	3.1	9:57	-0.4	6:47	4:59	
13	Mon	5:28	5.1	4:06	5.2	10:40	3.0	11:02	-0.1	6:48	4:59	
14	Tue	6:29	5.2	5:23	4.8			12:03	2.7	6:49	4:58	
15	Wed	7:21	5.4	6:41	4.6	12:06	0.3	1:12	2.2	6:51	4:57	
16	Thu	8:04	5.6	7:54	4.5	1:02	0.6	2:09	1.7	6:52	4:57	
17	Fri	8:41	5.7	8:57	4.5	1:52	0.9	2:56	1.1	6:53	4:56	
18	Sat	9:13	5.8	9:53	4.6	2:35	1.2	3:37	0.7	6:54	4:55	
19	Sun	9:42	5.9	10:43	4.6	3:14	1.6	4:14	0.4	6:55	4:55	
20	Mon	10:08	5.9	11:30	4.6	3:50	1.9	4:47	0.1	6:56	4:54	
21	Tue	10:34	5.9			4:25	2.3	5:19	-0.1	6:57	4:54	
22	Wed	12:14	4.6	11:01 AM	5.9	4:59	2.6	5:50	-0.2	6:58	4:53	
23	Thu	12:57	4.6	11:30 AM	5.9	5:33	2.8	6:22	-0.3	6:59	4:53	
24	Fri	1:39	4.6	12:01	5.8	6:09	3.1	6:56	-0.3	7:00	4:52	
25	Sat	2:23	4.6	12:36	5.7	6:48	3.2	7:34	-0.3	7:01	4:52	
26	Sun	3:10	4.6	1:15	5.4	7:32	3.4	8:16	-0.2	7:02	4:52	
27	Mon	3:59	4.6	2:01	5.2	8:27	3.4	9:04	0.0	7:03	4:51	
28	Tue	4:50	4.6	2:56	4.9	9:38	3.4	9:57	0.1	7:04	4:51	
29	Wed	5:40	4.8	4:05	4.6	10:58	3.1	10:54	0.4	7:05	4:51	
30	Thu	6:25	5.0	5:25	4.4			12:10	2.6	7:06	4:50	