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# Alcatraz Island, CA - Apr 2057

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | **10:44** | 5.5 | **11:49** | 5.4 | **4:46** | 1.5 | **5:03** | -0.2 | 6:53 | 7:33 | |
| 2 | Mon | **11:35** | 5.4 | | | **5:29** | 1.1 | **5:40** | 0.1 | 6:51 | 7:34 | |
| 3 | Tue | **12:19** | 5.5 | **12:23** | 5.2 | **6:10** | 0.7 | **6:15** | 0.4 | 6:50 | 7:34 | |
| 4 | Wed | **12:47** | 5.5 | **1:09** | 5.0 | **6:48** | 0.5 | **6:48** | 0.9 | 6:48 | 7:35 | |
| 5 | Thu | **1:14** | 5.5 | **1:54** | 4.7 | **7:25** | 0.3 | **7:21** | 1.4 | 6:47 | 7:36 | |
| 6 | Fri | **1:39** | 5.5 | **2:41** | 4.5 | **8:02** | 0.2 | **7:55** | 1.8 | 6:45 | 7:37 | |
| 7 | Sat | **2:06** | 5.4 | **3:32** | 4.2 | **8:40** | 0.2 | **8:31** | 2.3 | 6:44 | 7:38 | |
| 8 | Sun | **2:35** | 5.3 | **4:30** | 4.0 | **9:21** | 0.2 | **9:11** | 2.7 | 6:43 | 7:39 | |
| 9 | Mon | **3:09** | 5.1 | **5:40** | 3.9 | **10:09** | 0.3 | **10:04** | 3.1 | 6:41 | 7:40 | |
| 10 | Tue | **3:52** | 4.9 | **7:02** | 3.9 | **11:06** | 0.4 | **11:22** | 3.3 | 6:40 | 7:41 | |
| 11 | Wed | **4:47** | 4.7 | **8:14** | 4.0 | | | **12:11** | 0.5 | 6:38 | 7:42 | |
| 12 | Thu | **5:55** | 4.6 | **9:03** | 4.2 | **12:52** | 3.2 | **1:17** | 0.4 | 6:37 | 7:43 | |
| 13 | Fri | **7:08** | 4.6 | **9:40** | 4.5 | **2:02** | 3.0 | **2:15** | 0.3 | 6:35 | 7:44 | |
| 14 | Sat | **8:16** | 4.7 | **10:10** | 4.7 | **2:54** | 2.6 | **3:03** | 0.1 | 6:34 | 7:45 | |
| 15 | Sun | **9:17** | 4.8 | **10:39** | 5.0 | **3:37** | 2.1 | **3:45** | 0.1 | 6:33 | 7:45 | |
| 16 | Mon | **10:12** | 5.0 | **11:08** | 5.3 | **4:17** | 1.5 | **4:24** | 0.1 | 6:31 | 7:46 | |
| 17 | Tue | **11:06** | 5.1 | **11:38** | 5.6 | **4:56** | 0.9 | **5:02** | 0.3 | 6:30 | 7:47 | |
| 18 | Wed | **11:59** | 5.2 | | | **5:36** | 0.2 | **5:40** | 0.6 | 6:28 | 7:48 | |
| 19 | Thu | **12:09** | 5.9 | **12:53** | 5.1 | **6:19** | -0.3 | **6:19** | 1.0 | 6:27 | 7:49 | |
| 20 | Fri | **12:43** | 6.1 | **1:49** | 5.0 | **7:04** | -0.8 | **7:00** | 1.5 | 6:26 | 7:50 | |
| 21 | Sat | **1:19** | 6.2 | **2:49** | 4.8 | **7:52** | -1.1 | **7:45** | 2.0 | 6:24 | 7:51 | |
| 22 | Sun | **2:00** | 6.3 | **3:53** | 4.6 | **8:44** | -1.1 | **8:35** | 2.5 | 6:23 | 7:52 | |
| 23 | Mon | **2:46** | 6.1 | **5:04** | 4.5 | **9:41** | -1.0 | **9:37** | 2.8 | 6:22 | 7:53 | |
| 24 | Tue | **3:41** | 5.8 | **6:19** | 4.5 | **10:45** | -0.8 | **10:58** | 3.0 | 6:21 | 7:54 | |
| 25 | Wed | **4:45** | 5.4 | **7:31** | 4.6 | **11:55** | -0.6 | | | 6:19 | 7:55 | |
| 26 | Thu | **6:01** | 5.1 | **8:30** | 4.9 | **12:31** | 2.9 | **1:04** | -0.4 | 6:18 | 7:56 | |
| 27 | Fri | **7:21** | 4.9 | **9:19** | 5.1 | **1:52** | 2.5 | **2:07** | -0.2 | 6:17 | 7:57 | |
| 28 | Sat | **8:36** | 4.8 | **9:59** | 5.3 | **2:57** | 1.9 | **3:01** | 0.0 | 6:16 | 7:57 | |
| 29 | Sun | **9:42** | 4.7 | **10:35** | 5.5 | **3:51** | 1.4 | **3:47** | 0.3 | 6:14 | 7:58 | |
| 30 | Mon | **10:40** | 4.7 | **11:06** | 5.6 | **4:37** | 0.8 | **4:27** | 0.6 | 6:13 | 7:59 | |