US HARBORS www.USHarbors.com

Alcatraz Island, CA - May 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:33	4.6	11:35	5.7	5:18	0.4	5:05	1.0	6:12	8:00	
2	Wed			12:23	4.6	5:56	0.1	5:40	1.4	6:11	8:01	
3	Thu	12:01	5.7	1:10	4.5	6:30	-0.2	6:14	1.8	6:10	8:02	
4	Fri	12:26	5.7	1:57	4.4	7:04	-0.3	6:48	2.2	6:09	8:03	
5	Sat	12:52	5.6	2:43	4.4	7:38	-0.4	7:24	2.6	6:08	8:04	
6	Sun	1:20	5.5	3:31	4.3	8:13	-0.4	8:01	2.9	6:07	8:05	
7	Mon	1:51	5.4	4:23	4.2	8:51	-0.3	8:44	3.1	6:06	8:06	
8	Tue	2:28	5.2	5:20	4.1	9:34	-0.2	9:38	3.3	6:05	8:07	
9	Wed	3:11	5.0	6:19	4.2	10:23	-0.1	10:50	3.3	6:04	8:08	
10	Thu	4:04	4.7	7:15	4.3	11:18	0.1			6:03	8:08	
11	Fri	5:08	4.5	8:01	4.5	12:14	3.2	12:17	0.2	6:02	8:09	
12	Sat	6:22	4.3	8:38	4.7	1:25	2.8	1:14	0.2	6:01	8:10	
13	Sun	7:38	4.3	9:12	5.0	2:20	2.3	2:05	0.3	6:00	8:11	
14	Mon	8:49	4.3	9:44	5.4	3:07	1.6	2:52	0.5	5:59	8:12	
15	Tue	9:55	4.5	10:16	5.7	3:51	0.9	3:36	0.8	5:58	8:13	
16	Wed	10:58	4.6	10:50	6.1	4:34	0.1	4:20	1.1	5:58	8:14	
17	Thu	11:57	4.8	11:26	6.4	5:18	-0.6	5:03	1.5	5:57	8:15	
18	Fri			12:56	4.9	6:03	-1.2	5:48	1.9	5:56	8:15	
19	Sat	12:05	6.6	1:54	4.9	6:50	-1.6	6:36	2.3	5:55	8:16	
20	Sun	12:48	6.7	2:53	4.9	7:40	-1.7	7:27	2.6	5:55	8:17	
21	Mon	1:35	6.6	3:53	4.9	8:32	-1.7	8:25	2.8	5:54	8:18	
22	Tue	2:26	6.3	4:55	4.9	9:27	-1.4	9:34	3.0	5:53	8:19	
23	Wed	3:23	5.8	5:57	4.9	10:26	-1.1	10:57	2.9	5:53	8:19	
24	Thu	4:28	5.3	6:56	5.0	11:27	-0.6			5:52	8:20	
25	Fri	5:42	4.8	7:49	5.2	12:23	2.6	12:29	-0.2	5:52	8:21	
26	Sat	7:02	4.4	8:35	5.4	1:39	2.1	1:27	0.2	5:51	8:22	
27	Sun	8:22	4.2	9:15	5.6	2:43	1.5	2:19	0.6	5:50	8:23	
28	Mon	9:34	4.1	9:50	5.8	3:36	1.0	3:06	1.0	5:50	8:23	
29	Tue	10:38	4.2	10:22	5.8	4:22	0.5	3:49	1.5	5:50	8:24	
30	Wed	11:34	4.3	10:51	5.9	5:02	0.1	4:29	1.9	5:49	8:25	
31	Thu			12:26	4.3	5:39	-0.2	5:07	2.3	5:49	8:25	