

































Alcatraz Island, CA - Oct 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:18	5.2	2:07	6.1	7:42	1.6	8:30	0.1	7:06	6:52	
2	Tue	3:18	4.9	2:47	6.1	8:24	2.2	9:24	0.0	7:06	6:50	
3	Wed	4:27	4.6	3:34	6.0	9:13	2.7	10:27	0.0	7:07	6:49	
4	Thu	5:48	4.5	4:31	5.9	10:17	3.1	11:38	0.0	7:08	6:47	
5	Fri	7:13	4.5	5:41	5.7	11:43	3.3			7:09	6:46	
6	Sat	8:25	4.8	6:58	5.6	12:53	0.0	1:14	3.2	7:10	6:44	
7	Sun	9:20	5.0	8:12	5.7	2:02	-0.1	2:28	2.7	7:11	6:43	
8	Mon	10:05	5.3	9:18	5.7	3:00	-0.1	3:26	2.2	7:12	6:41	
9	Tue	10:43	5.5	10:18	5.7	3:50	-0.1	4:17	1.7	7:13	6:40	
10	Wed	11:18	5.7	11:12	5.6	4:33	0.1	5:03	1.2	7:14	6:38	
11	Thu	11:51	5.8			5:13	0.4	5:46	0.8	7:15	6:37	
12	Fri	12:03	5.5	12:21	5.9	5:50	0.8	6:27	0.5	7:16	6:35	
13	Sat	12:53	5.3	12:50	5.9	6:27	1.3	7:06	0.3	7:16	6:34	
14	Sun	1:42	5.1	1:18	5.8	7:02	1.8	7:45	0.2	7:17	6:33	
15	Mon	2:32	4.8	1:47	5.7	7:39	2.3	8:24	0.2	7:18	6:31	
16	Tue	3:26	4.6	2:17	5.6	8:18	2.7	9:07	0.3	7:19	6:30	
17	Wed	4:25	4.4	2:53	5.4	9:03	3.1	9:55	0.5	7:20	6:28	
18	Thu	5:34	4.3	3:37	5.1	10:02	3.4	10:51	0.6	7:21	6:27	
19	Fri	6:51	4.3	4:33	4.9	11:25	3.6	11:56	0.7	7:22	6:26	
20	Sat	7:57	4.4	5:42	4.7			12:50	3.4	7:23	6:24	
21	Sun	8:44	4.6	6:55	4.7	1:01	0.7	1:56	3.1	7:24	6:23	
22	Mon	9:20	4.8	8:02	4.7	1:58	0.6	2:46	2.7	7:25	6:22	
23	Tue	9:50	5.0	9:02	4.9	2:45	0.6	3:28	2.2	7:26	6:21	
24	Wed	10:17	5.3	9:57	5.0	3:26	0.6	4:05	1.7	7:27	6:19	
25	Thu	10:45	5.5	10:49	5.1	4:04	0.6	4:41	1.1	7:28	6:18	
26	Fri	11:13	5.8	11:41	5.2	4:40	0.8	5:19	0.5	7:29	6:17	
27	Sat	11:43	6.1			5:16	1.1	5:58	0.0	7:30	6:16	
28	Sun	12:33	5.2	12:15	6.3	5:53	1.5	6:40	-0.5	7:31	6:14	
29	Mon	1:28	5.2	12:50	6.5	6:33	1.9	7:26	-0.8	7:32	6:13	
30	Tue	2:25	5.0	1:30	6.5	7:16	2.4	8:15	-0.9	7:33	6:12	
31	Wed	3:26	4.9	2:14	6.4	8:04	2.8	9:09	-0.9	7:34	6:11	