US HARBORS www.USHarbors.com

Alcatraz Island, CA - Nov 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:33	4.8	3:07	6.1	9:02	3.1	10:10	-0.7	7:35	6:10	
2	Fri	5:45	4.8	4:10	5.8	10:18	3.3	11:17	-0.4	7:36	6:09	
3	Sat	6:55	4.9	5:24	5.4	11:51	3.2			7:38	6:08	
4	Sun	6:56	5.1	5:45	5.1	12:27	-0.2	12:17	2.8	6:39	5:07	
5	Mon	7:46	5.4	7:03	5.0	12:32	0.0	1:27	2.2	6:40	5:06	
6	Tue	8:28	5.6	8:14	5.0	1:29	0.2	2:23	1.6	6:41	5:05	
7	Wed	9:05	5.9	9:17	4.9	2:17	0.5	3:12	1.0	6:42	5:04	
8	Thu	9:39	6.0	10:14	4.9	3:01	0.9	3:56	0.5	6:43	5:03	
9	Fri	10:10	6.1	11:06	4.9	3:41	1.3	4:35	0.1	6:44	5:02	
10	Sat	10:39	6.1	11:57	4.8	4:18	1.7	5:12	-0.1	6:45	5:01	
11	Sun	11:06	6.1			4:55	2.2	5:47	-0.3	6:46	5:00	
12	Mon	12:45	4.8	11:34 AM	6.0	5:32	2.6	6:22	-0.3	6:47	5:00	
13	Tue	1:33	4.7	12:03	5.8	6:09	2.9	6:58	-0.3	6:48	4:59	
14	Wed	2:22	4.6	12:34	5.7	6:49	3.2	7:36	-0.2	6:49	4:58	
15	Thu	3:12	4.5	1:11	5.4	7:34	3.4	8:18	0.0	6:50	4:57	
16	Fri	4:07	4.5	1:54	5.2	8:29	3.6	9:06	0.2	6:51	4:57	
17	Sat	5:03	4.5	2:46	4.9	9:43	3.6	10:00	0.4	6:52	4:56	
18	Sun	5:56	4.6	3:50	4.6	11:06	3.4	10:57	0.5	6:53	4:55	
19	Mon	6:41	4.7	5:04	4.4			12:16	3.0	6:55	4:55	
20	Tue	7:18	5.0	6:20	4.3			1:11	2.5	6:56	4:54	
21	Wed	7:51	5.3	7:33	4.3	12:45	0.8	1:56	1.9	6:57	4:54	
22	Thu	8:22	5.6	8:39	4.5	1:31	1.0	2:38	1.2	6:58	4:53	
23	Fri	8:53	5.9	9:40	4.7	2:14	1.2	3:17	0.5	6:59	4:53	
24	Sat	9:26	6.3	10:38	4.8	2:57	1.5	3:58	-0.2	7:00	4:52	
25	Sun	10:01	6.6	11:35	5.0	3:39	1.9	4:41	-0.8	7:01	4:52	
26	Mon	10:39	6.8			4:23	2.2	5:25	-1.3	7:02	4:52	
27	Tue	12:30	5.0	11:20 AM	6.9	5:08	2.6	6:13	-1.5	7:03	4:51	
28	Wed	1:27	5.1	12:06	6.9	5:58	2.8	7:03	-1.5	7:04	4:51	
29	Thu	2:23	5.1	12:56	6.6	6:52	3.0	7:56	-1.3	7:05	4:51	
30	Fri	3:22	5.0	1:51	6.2	7:56	3.1	8:52	-1.0	7:06	4:51	