US HARBORS www.USHarbors.com

Alcatraz Island, CA - Dec 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**4:21**	5.1	**2:54**	5.7	**9:13**	3.1	**9:52**	-0.6	7:07	4:50	
2	Sun	**5:20**	5.2	**4:07**	5.1	**10:41**	2.9	**10:54**	-0.1	7:07	4:50	
3	Mon	**6:14**	5.4	**5:28**	4.7			**12:04**	2.4	7:08	4:50	
4	Tue	**7:03**	5.6	**6:52**	4.4			**1:14**	1.8	7:09	4:50	
5	Wed	**7:46**	5.9	**8:10**	4.3	**12:50**	0.8	**2:12**	1.1	7:10	4:50	
6	Thu	**8:25**	6.1	**9:19**	4.4	**1:41**	1.3	**3:01**	0.6	7:11	4:50	
7	Fri	**9:00**	6.2	**10:19**	4.5	**2:28**	1.7	**3:44**	0.1	7:12	4:50	
8	Sat	**9:32**	6.2	**11:12**	4.6	**3:11**	2.1	**4:23**	-0.2	7:13	4:50	
9	Sun	**10:02**	6.2			**3:52**	2.5	**4:58**	-0.4	7:13	4:50	
10	Mon	**12:00**	4.7	**10:32 AM**	6.2	**4:32**	2.8	**5:31**	-0.5	7:14	4:50	
11	Tue	**12:44**	4.7	**11:03 AM**	6.1	**5:11**	3.1	**6:04**	-0.5	7:15	4:50	
12	Wed	**1:26**	4.7	**11:35 AM**	6.0	**5:49**	3.2	**6:38**	-0.5	7:16	4:51	
13	Thu	**2:06**	4.7	**12:09**	5.8	**6:28**	3.3	**7:13**	-0.4	7:16	4:51	
14	Fri	**2:46**	4.7	**12:47**	5.6	**7:10**	3.4	**7:50**	-0.3	7:17	4:51	
15	Sat	**3:27**	4.6	**1:27**	5.3	**7:58**	3.4	**8:30**	-0.1	7:18	4:51	
16	Sun	**4:09**	4.7	**2:13**	5.0	**8:56**	3.4	**9:13**	0.1	7:18	4:52	
17	Mon	**4:51**	4.8	**3:09**	4.6	**10:06**	3.2	**10:00**	0.4	7:19	4:52	
18	Tue	**5:32**	4.9	**4:18**	4.2	**11:19**	2.8	**10:51**	0.8	7:20	4:53	
19	Wed	**6:12**	5.2	**5:41**	4.0			**12:24**	2.3	7:20	4:53	
20	Thu	**6:50**	5.5	**7:09**	3.9			**1:19**	1.6	7:21	4:53	
21	Fri	**7:28**	5.9	**8:28**	4.1	**12:37**	1.6	**2:08**	0.8	7:21	4:54	
22	Sat	**8:06**	6.3	**9:38**	4.4	**1:29**	1.9	**2:54**	0.0	7:22	4:54	
23	Sun	**8:46**	6.6	**10:38**	4.7	**2:20**	2.3	**3:40**	-0.7	7:22	4:55	
24	Mon	**9:29**	6.9	**11:34**	4.9	**3:11**	2.5	**4:26**	-1.3	7:23	4:56	
25	Tue	**10:15**	7.1			**4:01**	2.7	**5:13**	-1.6	7:23	4:56	
26	Wed	**12:26**	5.1	**11:03 AM**	7.2	**4:53**	2.8	**6:01**	-1.8	7:23	4:57	
27	Thu	**1:16**	5.2	**11:53 AM**	7.0	**5:47**	2.8	**6:50**	-1.7	7:24	4:57	
28	Fri	**2:05**	5.2	**12:45**	6.7	**6:44**	2.8	**7:39**	-1.4	7:24	4:58	
29	Sat	**2:54**	5.3	**1:41**	6.2	**7:47**	2.7	**8:30**	-0.9	7:24	4:59	
30	Sun	**3:44**	5.4	**2:41**	5.6	**8:57**	2.6	**9:21**	-0.4	7:24	5:00	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	**4:34**	5.5	**3:49**	4.9	**10:16**	2.4	**10:15**	0.3	7:24	5:00	