



## Alcatraz Island, CA - Dec 2057

Date		High				Low				☀		☾
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:21	5.1	2:54	5.7	9:13	3.1	9:52	-0.6	7:07	4:50	☾
2	Sun	5:20	5.2	4:07	5.1	10:41	2.9	10:54	-0.1	7:07	4:50	☾
3	Mon	6:14	5.4	5:28	4.7			12:04	2.4	7:08	4:50	☾
4	Tue	7:03	5.6	6:52	4.4			1:14	1.8	7:09	4:50	☾
5	Wed	7:46	5.9	8:10	4.3	12:50	0.8	2:12	1.1	7:10	4:50	☾
6	Thu	8:25	6.1	9:19	4.4	1:41	1.3	3:01	0.6	7:11	4:50	☾
7	Fri	9:00	6.2	10:19	4.5	2:28	1.7	3:44	0.1	7:12	4:50	☾
8	Sat	9:32	6.2	11:12	4.6	3:11	2.1	4:23	-0.2	7:13	4:50	☾
9	Sun	10:02	6.2			3:52	2.5	4:58	-0.4	7:13	4:50	☾
10	Mon	12:00	4.7	10:32 AM	6.2	4:32	2.8	5:31	-0.5	7:14	4:50	☾
11	Tue	12:44	4.7	11:03 AM	6.1	5:11	3.1	6:04	-0.5	7:15	4:50	☾
12	Wed	1:26	4.7	11:35 AM	6.0	5:49	3.2	6:38	-0.5	7:16	4:51	☾
13	Thu	2:06	4.7	12:09	5.8	6:28	3.3	7:13	-0.4	7:16	4:51	☾
14	Fri	2:46	4.7	12:47	5.6	7:10	3.4	7:50	-0.3	7:17	4:51	☾
15	Sat	3:27	4.6	1:27	5.3	7:58	3.4	8:30	-0.1	7:18	4:51	☾
16	Sun	4:09	4.7	2:13	5.0	8:56	3.4	9:13	0.1	7:18	4:52	☾
17	Mon	4:51	4.8	3:09	4.6	10:06	3.2	10:00	0.4	7:19	4:52	☾
18	Tue	5:32	4.9	4:18	4.2	11:19	2.8	10:51	0.8	7:20	4:53	☾
19	Wed	6:12	5.2	5:41	4.0			12:24	2.3	7:20	4:53	☾
20	Thu	6:50	5.5	7:09	3.9			1:19	1.6	7:21	4:53	☾
21	Fri	7:28	5.9	8:28	4.1	12:37	1.6	2:08	0.8	7:21	4:54	☾
22	Sat	8:06	6.3	9:38	4.4	1:29	1.9	2:54	0.0	7:22	4:54	☾
23	Sun	8:46	6.6	10:38	4.7	2:20	2.3	3:40	-0.7	7:22	4:55	☾
24	Mon	9:29	6.9	11:34	4.9	3:11	2.5	4:26	-1.3	7:23	4:56	☾
25	Tue	10:15	7.1			4:01	2.7	5:13	-1.6	7:23	4:56	☾
26	Wed	12:26	5.1	11:03 AM	7.2	4:53	2.8	6:01	-1.8	7:23	4:57	☾
27	Thu	1:16	5.2	11:53 AM	7.0	5:47	2.8	6:50	-1.7	7:24	4:57	☾
28	Fri	2:05	5.2	12:45	6.7	6:44	2.8	7:39	-1.4	7:24	4:58	☾
29	Sat	2:54	5.3	1:41	6.2	7:47	2.7	8:30	-0.9	7:24	4:59	☾
30	Sun	3:44	5.4	2:41	5.6	8:57	2.6	9:21	-0.4	7:24	5:00	☾

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Mon	<b>4:34</b>	5.5	<b>3:49</b>	4.9	<b>10:16</b>	2.4	<b>10:15</b>	0.3	7:24	5:00	