US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:24	5.6	5:09	4.3	11:37	1.9	11:09	0.9	7:25	5:01	
2	Wed	6:11	5.8	6:41	3.9			12:49	1.4	7:25	5:02	
3	Thu	6:56	5.9	8:10	3.9	12:06	1.6	1:51	0.8	7:25	5:03	
4	Fri	7:38	6.1	9:24	4.1	1:02	2.1	2:43	0.4	7:25	5:04	
5	Sat	8:17	6.1	10:24	4.4	1:56	2.6	3:27	0.0	7:25	5:05	
6	Sun	8:54	6.2	11:13	4.6	2:47	2.9	4:06	-0.3	7:25	5:06	
7	Mon	9:30	6.2	11:55	4.7	3:33	3.1	4:42	-0.4	7:25	5:06	
8	Tue	10:06	6.2			4:15	3.2	5:15	-0.5	7:25	5:07	
9	Wed	12:33	4.8	10:41 AM	6.1	4:55	3.2	5:48	-0.6	7:25	5:08	
10	Thu	1:07	4.8	11:17 AM	6.1	5:32	3.2	6:19	-0.5	7:24	5:09	
11	Fri	1:38	4.7	11:53 AM	5.9	6:08	3.1	6:51	-0.5	7:24	5:10	
12	Sat	2:09	4.7	12:30	5.7	6:46	3.1	7:23	-0.4	7:24	5:11	
13	Sun	2:41	4.8	1:08	5.4	7:28	3.0	7:57	-0.1	7:24	5:12	
14	Mon	3:13	4.8	1:51	5.0	8:16	2.8	8:32	0.2	7:23	5:13	
15	Tue	3:47	5.0	2:42	4.6	9:13	2.6	9:11	0.6	7:23	5:14	
16	Wed	4:24	5.1	3:49	4.1	10:19	2.3	9:55	1.2	7:23	5:15	
17	Thu	5:03	5.4	5:18	3.8	11:30	1.8	10:47	1.8	7:22	5:16	
18	Fri	5:46	5.7	7:03	3.7			12:37	1.1	7:22	5:18	
19	Sat	6:33	6.0	8:35	4.0			1:38	0.4	7:21	5:19	
20	Sun	7:23	6.3	9:45	4.3	12:52	2.7	2:33	-0.3	7:21	5:20	
21	Mon	8:15	6.7	10:41	4.7	1:56	3.0	3:24	-0.9	7:20	5:21	
22	Tue	9:07	6.9	11:29	4.9	2:56	3.0	4:14	-1.4	7:20	5:22	
23	Wed	10:00	7.1			3:52	2.9	5:02	-1.6	7:19	5:23	
24	Thu	12:13	5.1	10:53 AM	7.1	4:46	2.7	5:48	-1.7	7:19	5:24	
25	Fri	12:55	5.3	11:45 AM	6.9	5:40	2.5	6:34	-1.5	7:18	5:25	
26	Sat	1:37	5.4	12:37	6.5	6:35	2.3	7:18	-1.1	7:17	5:26	
27	Sun	2:18	5.5	1:31	6.0	7:33	2.0	8:02	-0.6	7:16	5:27	
28	Mon	2:59	5.6	2:28	5.3	8:35	1.9	8:46	0.1	7:16	5:29	
29	Tue	3:41	5.6	3:34	4.6	9:43	1.7	9:32	0.9	7:15	5:30	
30	Wed	4:25	5.7	4:54	4.0	10:55	1.4	10:24	1.7	7:14	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	**5:11**	5.7	**6:32**	3.8			**12:09**	1.1	7:13	5:32	