






























Alcatraz Island, CA - Jun 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:06	3.8	8:58	5.3	2:40	1.8	2:02	1.0	5:49	8:26	
2	Sun	9:19	3.9	9:28	5.7	3:24	1.2	2:46	1.4	5:48	8:27	
3	Mon	10:26	4.1	10:01	6.0	4:04	0.5	3:29	1.7	5:48	8:27	
4	Tue	11:27	4.3	10:35	6.3	4:44	-0.2	4:12	2.1	5:48	8:28	
5	Wed			12:24	4.5	5:25	-0.8	4:56	2.4	5:47	8:28	
6	Thu			1:19	4.7	6:08	-1.3	5:42	2.7	5:47	8:29	
7	Fri			2:13	4.8	6:54	-1.6	6:31	2.9	5:47	8:30	
8	Sat	12:39	6.7	3:07	4.8	7:42	-1.7	7:25	3.0	5:47	8:30	
9	Sun	1:29	6.6	4:00	4.9	8:33	-1.7	8:25	3.1	5:47	8:31	
10	Mon	2:23	6.3	4:53	5.0	9:26	-1.4	9:36	3.0	5:47	8:31	
11	Tue	3:22	5.8	5:47	5.1	10:21	-1.0	10:57	2.8	5:47	8:32	
12	Wed	4:29	5.2	6:38	5.3	11:18	-0.5			5:47	8:32	
13	Thu	5:45	4.7	7:26	5.6	12:20	2.3	12:14	0.0	5:47	8:32	
14	Fri	7:09	4.2	8:11	5.8	1:36	1.7	1:10	0.6	5:47	8:33	
15	Sat	8:34	4.0	8:52	6.1	2:40	1.1	2:03	1.1	5:47	8:33	
16	Sun	9:52	4.1	9:30	6.2	3:35	0.5	2:53	1.7	5:47	8:33	
17	Mon	11:00	4.2	10:06	6.3	4:23	-0.1	3:41	2.2	5:47	8:34	
18	Tue	11:59	4.4	10:41	6.3	5:06	-0.4	4:27	2.6	5:47	8:34	
19	Wed			12:51	4.5	5:45	-0.6	5:11	2.9	5:47	8:34	
20	Thu			1:38	4.6	6:21	-0.7	5:54	3.1	5:47	8:35	
21	Fri			2:21	4.7	6:57	-0.8	6:36	3.2	5:48	8:35	
22	Sat	12:23	6.0	3:01	4.6	7:32	-0.7	7:18	3.3	5:48	8:35	
23	Sun	12:59	5.8	3:39	4.6	8:07	-0.6	8:01	3.3	5:48	8:35	
24	Mon	1:37	5.6	4:16	4.6	8:43	-0.5	8:48	3.3	5:48	8:35	
25	Tue	2:17	5.3	4:53	4.6	9:21	-0.3	9:41	3.2	5:49	8:35	
26	Wed	3:00	5.0	5:30	4.7	10:00	0.0	10:44	3.0	5:49	8:35	
27	Thu	3:50	4.6	6:07	4.9	10:41	0.3	11:52	2.7	5:49	8:35	
28	Fri	4:51	4.2	6:43	5.1	11:25	0.7			5:50	8:35	
29	Sat	6:08	3.8	7:20	5.4	12:57	2.3	12:12	1.2	5:50	8:35	
30	Sun	7:37	3.7	7:57	5.7	1:55	1.7	1:03	1.7	5:51	8:35	