US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**11:16**	4.5	**9:39**	6.9	**3:58**	-0.5	**3:25**	3.1	6:13	8:18	
2	Fri			**12:04**	4.8	**4:48**	-1.0	**4:22**	3.0	6:14	8:17	
3	Sat			**12:48**	5.0	**5:37**	-1.3	**5:17**	2.8	6:15	8:16	
4	Sun			**1:29**	5.2	**6:24**	-1.4	**6:11**	2.5	6:16	8:15	
5	Mon	**12:21**	7.1	**2:10**	5.4	**7:09**	-1.3	**7:07**	2.3	6:17	8:14	
6	Tue	**1:14**	6.8	**2:50**	5.6	**7:54**	-1.0	**8:04**	2.0	6:18	8:13	
7	Wed	**2:09**	6.3	**3:31**	5.7	**8:38**	-0.5	**9:05**	1.8	6:18	8:12	
8	Thu	**3:07**	5.6	**4:13**	5.8	**9:22**	0.2	**10:11**	1.5	6:19	8:10	
9	Fri	**4:12**	5.0	**4:56**	5.9	**10:09**	0.9	**11:21**	1.3	6:20	8:09	
10	Sat	**5:28**	4.4	**5:42**	5.9	**11:00**	1.7			6:21	8:08	
11	Sun	**7:00**	4.1	**6:32**	5.9	**12:35**	1.1	**12:00**	2.4	6:22	8:07	
12	Mon	**8:37**	4.1	**7:25**	5.9	**1:45**	0.8	**1:08**	2.9	6:23	8:06	
13	Tue	**9:54**	4.4	**8:18**	5.9	**2:47**	0.5	**2:16**	3.1	6:24	8:04	
14	Wed	**10:51**	4.6	**9:08**	6.0	**3:40**	0.2	**3:16**	3.2	6:24	8:03	
15	Thu	**11:36**	4.8	**9:54**	6.0	**4:26**	0.1	**4:06**	3.1	6:25	8:02	
16	Fri			**12:13**	4.9	**5:05**	-0.1	**4:50**	3.0	6:26	8:01	
17	Sat			**12:45**	4.9	**5:40**	-0.1	**5:28**	2.9	6:27	7:59	
18	Sun			**1:13**	4.9	**6:12**	-0.1	**6:03**	2.7	6:28	7:58	
19	Mon			**1:39**	4.9	**6:42**	-0.1	**6:38**	2.5	6:29	7:57	
20	Tue	**12:31**	5.9	**2:05**	5.0	**7:10**	0.0	**7:13**	2.4	6:30	7:55	
21	Wed	**1:09**	5.7	**2:30**	5.1	**7:38**	0.2	**7:50**	2.2	6:30	7:54	
22	Thu	**1:48**	5.4	**2:57**	5.2	**8:07**	0.6	**8:31**	2.0	6:31	7:53	
23	Fri	**2:31**	5.0	**3:26**	5.4	**8:38**	1.0	**9:17**	1.8	6:32	7:51	
24	Sat	**3:21**	4.6	**3:58**	5.5	**9:11**	1.5	**10:11**	1.5	6:33	7:50	
25	Sun	**4:24**	4.2	**4:36**	5.6	**9:50**	2.1	**11:14**	1.2	6:34	7:48	
26	Mon	**5:49**	3.9	**5:23**	5.7	**10:39**	2.6			6:35	7:47	
27	Tue	**7:32**	3.9	**6:19**	5.9	**12:24**	0.9	**11:45 AM**	3.1	6:36	7:46	
28	Wed	**9:03**	4.2	**7:22**	6.1	**1:35**	0.4	**1:05**	3.3	6:36	7:44	
29	Thu	**10:06**	4.5	**8:27**	6.4	**2:40**	0.0	**2:20**	3.3	6:37	7:43	
30	Fri	**10:54**	4.8	**9:28**	6.6	**3:37**	-0.5	**3:23**	3.0	6:38	7:41	
31	Sat	**11:35**	5.1	**10:26**	6.8	**4:28**	-0.8	**4:19**	2.6	6:39	7:40	