US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:19	4.8	12:24	5.8	6:47	3.3	7:27	-0.4	7:25	5:01	
2	Thu	2:54	4.7	1:03	5.5	7:31	3.2	8:03	-0.2	7:25	5:02	
3	Fri	3:28	4.7	1:44	5.1	8:21	3.1	8:39	0.2	7:25	5:03	
4	Sat	4:02	4.8	2:32	4.6	9:19	3.0	9:16	0.6	7:25	5:04	
5	Sun	4:37	4.9	3:30	4.1	10:26	2.7	9:57	1.1	7:25	5:04	
6	Mon	5:13	5.1	4:48	3.7	11:36	2.3	10:42	1.6	7:25	5:05	
7	Tue	5:50	5.3	6:25	3.5			12:39	1.7	7:25	5:06	
8	Wed	6:29	5.6	8:03	3.6			1:33	1.1	7:25	5:07	
9	Thu	7:10	5.9	9:21	4.0	12:31	2.6	2:20	0.4	7:25	5:08	
10	Fri	7:53	6.2	10:20	4.3	1:29	2.9	3:05	-0.3	7:24	5:09	
11	Sat	8:38	6.5	11:10	4.6	2:24	3.1	3:50	-0.8	7:24	5:10	
12	Sun	9:25	6.8	11:54	4.8	3:17	3.2	4:34	-1.3	7:24	5:11	
13	Mon	10:14	7.0			4:07	3.2	5:20	-1.6	7:24	5:12	
14	Tue	12:37	5.0	11:04 AM	7.1	4:58	3.0	6:05	-1.7	7:23	5:13	
15	Wed	1:18	5.1	11:55 AM	6.9	5:51	2.8	6:50	-1.6	7:23	5:14	
16	Thu	1:59	5.2	12:48	6.6	6:46	2.6	7:35	-1.2	7:23	5:15	
17	Fri	2:41	5.4	1:44	6.0	7:47	2.3	8:20	-0.7	7:22	5:16	
18	Sat	3:23	5.5	2:45	5.3	8:54	2.0	9:07	0.0	7:22	5:17	
19	Sun	4:07	5.7	3:58	4.6	10:09	1.7	9:56	0.8	7:21	5:18	
20	Mon	4:53	5.9	5:26	4.0	11:27	1.3	10:50	1.6	7:21	5:19	
21	Tue	5:42	6.0	7:07	3.9			12:42	0.8	7:20	5:20	
22	Wed	6:32	6.1	8:39	4.1			1:48	0.3	7:20	5:22	
23	Thu	7:22	6.2	9:48	4.4	12:59	2.8	2:44	-0.1	7:19	5:23	
24	Fri	8:11	6.2	10:41	4.7	2:03	3.0	3:32	-0.4	7:19	5:24	
25	Sat	8:57	6.2	11:25	4.8	3:00	3.2	4:14	-0.5	7:18	5:25	
26	Sun	9:40	6.2			3:50	3.1	4:51	-0.6	7:17	5:26	
27	Mon	12:04	4.9	10:21 AM	6.1	4:33	3.1	5:26	-0.6	7:17	5:27	
28	Tue	12:37	4.9	10:59 AM	6.1	5:13	3.0	5:58	-0.5	7:16	5:28	
29	Wed	1:07	4.8	11:35 AM	5.9	5:50	2.8	6:28	-0.4	7:15	5:29	
30	Thu	1:35	4.8	12:11	5.7	6:26	2.7	6:57	-0.2	7:14	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	**2:01**	4.8	**12:48**	5.4	**7:04**	2.5	**7:26**	0.1	7:14	5:32	◯