










## Alcatraz Island, CA - May 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:55	5.8	4:32	4.2	8:58	-0.8	8:35	3.2	6:13	8:00	
2	Fri	2:39	5.6	5:40	4.2	9:51	-0.8	9:36	3.4	6:12	8:01	
3	Sat	3:33	5.4	6:48	4.3	10:52	-0.7	11:02	3.4	6:10	8:02	
4	Sun	4:41	5.2	7:46	4.5	11:59	-0.5			6:09	8:03	
5	Mon	6:01	4.9	8:32	4.8	12:37	3.1	1:04	-0.4	6:08	8:03	
6	Tue	7:24	4.8	9:12	5.1	1:54	2.5	2:02	-0.3	6:07	8:04	
7	Wed	8:42	4.7	9:48	5.5	2:55	1.7	2:54	0.0	6:06	8:05	
8	Thu	9:52	4.8	10:23	5.9	3:49	0.9	3:41	0.4	6:05	8:06	
9	Fri	10:58	4.8	10:57	6.2	4:38	0.1	4:25	0.8	6:04	8:07	
10	Sat	11:59	4.8	11:32	6.4	5:25	-0.5	5:08	1.3	6:03	8:08	
11	Sun			12:58	4.8	6:10	-1.0	5:51	1.8	6:02	8:09	
12	Mon	12:07	6.4	1:55	4.7	6:54	-1.2	6:36	2.3	6:01	8:10	
13	Tue	12:43	6.3	2:52	4.7	7:38	-1.3	7:22	2.7	6:00	8:11	
14	Wed	1:20	6.1	3:50	4.6	8:23	-1.1	8:13	3.1	6:00	8:12	
15	Thu	2:00	5.8	4:49	4.5	9:10	-0.9	9:12	3.3	5:59	8:12	
16	Fri	2:44	5.4	5:50	4.5	10:00	-0.5	10:23	3.3	5:58	8:13	
17	Sat	3:34	5.0	6:49	4.5	10:55	-0.2	11:43	3.2	5:57	8:14	
18	Sun	4:33	4.6	7:39	4.6	11:52	0.1			5:56	8:15	
19	Mon	5:42	4.2	8:20	4.7	12:58	2.9	12:48	0.4	5:56	8:16	
20	Tue	6:58	4.0	8:52	4.8	2:00	2.5	1:39	0.6	5:55	8:17	
21	Wed	8:13	3.9	9:20	5.1	2:52	1.9	2:24	0.9	5:54	8:17	
22	Thu	9:20	3.9	9:46	5.3	3:36	1.4	3:04	1.2	5:54	8:18	
23	Fri	10:21	3.9	10:12	5.5	4:14	0.8	3:40	1.6	5:53	8:19	
24	Sat	11:17	4.1	10:39	5.8	4:50	0.3	4:15	1.9	5:52	8:20	
25	Sun			12:09	4.2	5:24	-0.2	4:51	2.3	5:52	8:21	
26	Mon			1:00	4.3	5:58	-0.6	5:27	2.6	5:51	8:21	
27	Tue			1:50	4.4	6:35	-0.9	6:06	2.9	5:51	8:22	
28	Wed	12:14	6.2	2:40	4.5	7:15	-1.2	6:49	3.1	5:50	8:23	
29	Thu	12:53	6.2	3:31	4.5	7:59	-1.3	7:36	3.2	5:50	8:24	
30	Fri	1:37	6.1	4:24	4.5	8:46	-1.3	8:32	3.3	5:49	8:24	
31	Sat	2:27	5.9	5:18	4.6	9:38	-1.2	9:41	3.3	5:49	8:25	