
































Alcatraz Island, CA - Jun 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:25	5.5	6:10	4.8	10:33	-0.9	11:03	3.1	5:49	8:26	
2	Mon	4:32	5.1	6:59	5.0	11:30	-0.6			5:48	8:26	
3	Tue	5:51	4.6	7:44	5.3	12:28	2.6	12:28	-0.1	5:48	8:27	
4	Wed	7:16	4.3	8:25	5.7	1:43	1.9	1:23	0.3	5:48	8:28	
5	Thu	8:41	4.2	9:04	6.1	2:46	1.1	2:15	0.9	5:47	8:28	
6	Fri	9:58	4.2	9:42	6.4	3:40	0.3	3:05	1.4	5:47	8:29	
7	Sat	11:08	4.3	10:20	6.5	4:29	-0.4	3:53	1.9	5:47	8:29	
8	Sun			12:10	4.5	5:15	-0.9	4:41	2.4	5:47	8:30	
9	Mon			1:06	4.7	5:59	-1.1	5:28	2.7	5:47	8:30	
10	Tue			1:59	4.7	6:41	-1.2	6:17	3.0	5:47	8:31	
11	Wed	12:15	6.4	2:48	4.8	7:22	-1.2	7:05	3.2	5:47	8:31	
12	Thu	12:54	6.1	3:36	4.7	8:04	-1.0	7:56	3.3	5:47	8:32	
13	Fri	1:35	5.8	4:22	4.7	8:46	-0.8	8:50	3.3	5:47	8:32	
14	Sat	2:17	5.5	5:07	4.6	9:28	-0.5	9:50	3.3	5:47	8:33	
15	Sun	3:03	5.1	5:50	4.7	10:12	-0.2	10:57	3.1	5:47	8:33	
16	Mon	3:54	4.6	6:30	4.7	10:57	0.2			5:47	8:33	
17	Tue	4:55	4.2	7:06	4.9	12:07	2.8	11:43 AM	0.6	5:47	8:34	
18	Wed	6:08	3.8	7:40	5.1	1:13	2.4	12:30	1.1	5:47	8:34	
19	Thu	7:32	3.6	8:12	5.4	2:10	1.9	1:16	1.5	5:47	8:34	
20	Fri	8:56	3.6	8:44	5.6	2:59	1.3	2:02	1.9	5:47	8:35	
21	Sat	10:10	3.7	9:17	5.9	3:41	0.7	2:47	2.3	5:48	8:35	
22	Sun	11:13	4.0	9:52	6.1	4:20	0.1	3:31	2.7	5:48	8:35	
23	Mon			12:07	4.2	4:58	-0.4	4:16	3.0	5:48	8:35	
24	Tue			12:56	4.5	5:37	-0.8	5:01	3.2	5:48	8:35	
25	Wed			1:43	4.6	6:18	-1.2	5:47	3.2	5:49	8:35	
26	Thu			2:27	4.8	7:01	-1.4	6:36	3.2	5:49	8:35	
27	Fri	12:40	6.6	3:12	4.8	7:46	-1.5	7:29	3.2	5:49	8:35	
28	Sat	1:29	6.5	3:56	4.9	8:33	-1.4	8:28	3.0	5:50	8:35	
29	Sun	2:22	6.1	4:40	5.1	9:20	-1.1	9:35	2.8	5:50	8:35	
30	Mon	3:21	5.6	5:25	5.3	10:09	-0.7	10:51	2.5	5:51	8:35	