US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:28	5.0	6:10	5.6	10:59	-0.1			5:51	8:35	
2	Wed	5:46	4.4	6:55	5.9	12:10	2.0	11:51 AM	0.6	5:52	8:35	
3	Thu	7:17	4.0	7:40	6.2	1:25	1.3	12:46	1.3	5:52	8:35	
4	Fri	8:49	4.0	8:24	6.4	2:31	0.6	1:42	1.9	5:53	8:35	
5	Sat	10:11	4.1	9:08	6.6	3:28	0.0	2:39	2.4	5:53	8:35	
6	Sun	11:18	4.4	9:52	6.6	4:19	-0.5	3:35	2.8	5:54	8:34	
7	Mon			12:15	4.6	5:05	-0.7	4:28	3.1	5:54	8:34	
8	Tue			1:04	4.8	5:48	-0.9	5:18	3.2	5:55	8:34	
9	Wed			1:48	4.9	6:28	-0.9	6:06	3.2	5:56	8:34	
10	Thu			2:28	4.9	7:06	-0.8	6:51	3.2	5:56	8:33	
11	Fri	12:38	6.2	3:05	4.9	7:43	-0.7	7:36	3.2	5:57	8:33	
12	Sat	1:17	5.9	3:39	4.8	8:19	-0.5	8:21	3.1	5:57	8:32	
13	Sun	1:57	5.6	4:12	4.8	8:54	-0.2	9:10	3.0	5:58	8:32	
14	Mon	2:38	5.2	4:44	4.9	9:28	0.1	10:05	2.8	5:59	8:32	
15	Tue	3:23	4.7	5:16	5.0	10:04	0.6	11:06	2.6	6:00	8:31	
16	Wed	4:18	4.2	5:50	5.1	10:41	1.1			6:00	8:30	
17	Thu	5:28	3.8	6:26	5.3	12:12	2.2	11:23 AM	1.6	6:01	8:30	
18	Fri	7:00	3.5	7:05	5.6	1:15	1.8	12:10	2.2	6:02	8:29	
19	Sat	8:40	3.6	7:46	5.8	2:12	1.2	1:05	2.7	6:03	8:29	
20	Sun	10:04	3.8	8:30	6.1	3:02	0.7	2:04	3.0	6:03	8:28	
21	Mon	11:06	4.2	9:16	6.3	3:48	0.1	3:01	3.2	6:04	8:27	
22	Tue	11:54	4.5	10:04	6.6	4:32	-0.4	3:54	3.3	6:05	8:27	
23	Wed			12:37	4.7	5:16	-0.9	4:44	3.3	6:06	8:26	
24	Thu			1:18	4.9	6:00	-1.2	5:34	3.1	6:06	8:25	
25	Fri			1:57	5.0	6:44	-1.4	6:26	2.9	6:07	8:24	
26	Sat	12:32	6.9	2:35	5.2	7:28	-1.4	7:19	2.6	6:08	8:24	
27	Sun	1:24	6.6	3:14	5.4	8:11	-1.1	8:17	2.3	6:09	8:23	
28	Mon	2:19	6.2	3:54	5.6	8:54	-0.7	9:21	2.0	6:10	8:22	
29	Tue	3:19	5.6	4:35	5.8	9:39	0.0	10:30	1.7	6:11	8:21	
30	Wed	4:27	4.9	5:19	6.0	10:26	0.8	11:45	1.3	6:11	8:20	
31	Thu	5:49	4.3	6:06	6.2	11:17	1.5			6:12	8:19	