

Alcatraz Island, CA - Aug 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:25	4.0	6:57	6.3	1:01	0.9	12:17	2.3	6:13	8:18	
2	Sat	9:01	4.1	7:50	6.4	2:11	0.4	1:24	2.8	6:14	8:17	
3	Sun	10:17	4.4	8:43	6.4	3:12	0.0	2:32	3.1	6:15	8:16	
4	Mon	11:15	4.7	9:34	6.4	4:05	-0.3	3:33	3.2	6:16	8:15	
5	Tue			12:02	4.9	4:52	-0.4	4:27	3.2	6:16	8:14	
6	Wed			12:43	5.0	5:33	-0.5	5:14	3.1	6:17	8:13	
7	Thu			1:18	5.0	6:10	-0.5	5:56	3.0	6:18	8:12	
8	Fri			1:50	5.0	6:44	-0.4	6:35	2.8	6:19	8:11	
9	Sat	12:25	6.0	2:19	5.0	7:16	-0.2	7:13	2.7	6:20	8:10	
10	Sun	1:03	5.8	2:45	5.0	7:46	0.0	7:52	2.5	6:21	8:08	
11	Mon	1:40	5.5	3:10	5.0	8:15	0.3	8:33	2.4	6:22	8:07	
12	Tue	2:20	5.1	3:37	5.1	8:44	0.7	9:18	2.2	6:22	8:06	
13	Wed	3:04	4.7	4:05	5.2	9:14	1.2	10:08	2.0	6:23	8:05	
14	Thu	3:57	4.2	4:38	5.4	9:47	1.8	11:07	1.8	6:24	8:04	
15	Fri	5:08	3.9	5:16	5.5	10:25	2.3			6:25	8:02	
16	Sat	6:46	3.7	6:02	5.6	12:12	1.5	11:15 AM	2.9	6:26	8:01	
17	Sun	8:35	3.8	6:56	5.8	1:19	1.1	12:25	3.3	6:27	8:00	
18	Mon	9:54	4.1	7:54	6.0	2:21	0.6	1:41	3.5	6:28	7:58	
19	Tue	10:45	4.4	8:51	6.3	3:16	0.1	2:47	3.4	6:29	7:57	
20	Wed	11:26	4.7	9:47	6.6	4:06	-0.4	3:43	3.2	6:29	7:56	
21	Thu			12:03	4.9	4:52	-0.8	4:34	2.9	6:30	7:54	
22	Fri			12:39	5.1	5:36	-1.0	5:24	2.5	6:31	7:53	
23	Sat			1:14	5.3	6:19	-1.0	6:15	2.0	6:32	7:52	
24	Sun	12:27	6.8	1:50	5.6	7:01	-0.8	7:08	1.6	6:33	7:50	
25	Mon	1:21	6.4	2:26	5.8	7:42	-0.4	8:03	1.2	6:34	7:49	
26	Tue	2:18	5.9	3:04	6.0	8:23	0.2	9:01	1.0	6:34	7:47	
27	Wed	3:20	5.3	3:44	6.2	9:06	1.0	10:05	0.8	6:35	7:46	
28	Thu	4:31	4.7	4:29	6.2	9:54	1.8	11:15	0.6	6:36	7:45	
29	Fri	5:56	4.3	5:19	6.1	10:50	2.5			6:37	7:43	
30	Sat	7:34	4.3	6:18	6.0	12:30	0.5	12:03	3.0	6:38	7:42	
31	Sun	9:02	4.5	7:21	5.9	1:44	0.3	1:24	3.3	6:39	7:40	