
































## Alcatraz Island, CA - Sep 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:05	4.7	8:24	5.9	2:49	0.2	2:37	3.3	6:40	7:39	
2	Tue	10:53	5.0	9:21	5.9	3:44	0.0	3:35	3.1	6:40	7:37	
3	Wed	11:33	5.1	10:11	6.0	4:30	-0.1	4:23	2.8	6:41	7:36	
4	Thu			12:06	5.1	5:08	-0.1	5:05	2.6	6:42	7:34	
5	Fri			12:35	5.1	5:42	0.0	5:42	2.3	6:43	7:33	
6	Sat			1:01	5.1	6:12	0.2	6:17	2.1	6:44	7:31	
7	Sun	12:14	5.7	1:24	5.1	6:40	0.4	6:51	1.9	6:45	7:30	
8	Mon	12:52	5.5	1:46	5.2	7:07	0.7	7:25	1.7	6:45	7:28	
9	Tue	1:30	5.2	2:09	5.3	7:33	1.0	8:01	1.5	6:46	7:27	
10	Wed	2:12	4.9	2:33	5.4	8:00	1.5	8:40	1.3	6:47	7:25	
11	Thu	2:58	4.5	3:01	5.5	8:29	2.0	9:24	1.2	6:48	7:23	
12	Fri	3:55	4.2	3:33	5.5	9:01	2.5	10:16	1.1	6:49	7:22	
13	Sat	5:09	4.0	4:15	5.5	9:41	3.0	11:19	0.9	6:50	7:20	
14	Sun	6:48	3.9	5:08	5.5	10:39	3.4			6:51	7:19	
15	Mon	8:26	4.1	6:15	5.5	12:31	0.7	12:08	3.6	6:51	7:17	
16	Tue	9:28	4.4	7:26	5.7	1:42	0.4	1:36	3.5	6:52	7:16	
17	Wed	10:11	4.6	8:33	6.0	2:43	0.0	2:42	3.2	6:53	7:14	
18	Thu	10:47	4.9	9:35	6.3	3:36	-0.4	3:36	2.7	6:54	7:13	
19	Fri	11:21	5.2	10:32	6.4	4:23	-0.6	4:26	2.1	6:55	7:11	
20	Sat	11:54	5.5	11:28	6.4	5:06	-0.6	5:15	1.5	6:56	7:09	
21	Sun			12:27	5.8	5:47	-0.4	6:04	0.9	6:56	7:08	
22	Mon	12:24	6.2	1:02	6.1	6:28	0.0	6:54	0.4	6:57	7:06	
23	Tue	1:20	5.9	1:37	6.3	7:08	0.6	7:46	0.1	6:58	7:05	
24	Wed	2:20	5.5	2:15	6.4	7:50	1.3	8:40	-0.1	6:59	7:03	
25	Thu	3:24	5.1	2:55	6.3	8:35	2.0	9:38	-0.1	7:00	7:02	
26	Fri	4:37	4.7	3:41	6.1	9:27	2.7	10:43	0.1	7:01	7:00	
27	Sat	6:01	4.5	4:35	5.8	10:33	3.2	11:55	0.2	7:02	6:58	
28	Sun	7:30	4.6	5:40	5.5			12:00	3.4	7:02	6:57	
29	Mon	8:43	4.8	6:52	5.3	1:09	0.3	1:26	3.3	7:03	6:55	
30	Tue	9:36	4.9	8:02	5.3	2:15	0.3	2:34	3.0	7:04	6:54	