






























Alcatraz Island, CA - Feb 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:25	6.7			4:23	3.0	5:24	-1.3	7:13	5:32	
2	Mon	12:32	5.0	11:12 AM	6.7	5:08	2.7	6:03	-1.3	7:12	5:34	
3	Tue	1:06	5.1	12:01	6.5	5:56	2.3	6:43	-1.1	7:11	5:35	
4	Wed	1:40	5.3	12:52	6.1	6:48	2.0	7:22	-0.7	7:10	5:36	
5	Thu	2:15	5.5	1:48	5.6	7:44	1.6	8:02	-0.1	7:09	5:37	
6	Fri	2:52	5.8	2:51	4.9	8:46	1.3	8:44	0.7	7:08	5:38	
7	Sat	3:33	5.9	4:09	4.2	9:55	1.0	9:31	1.6	7:07	5:39	
8	Sun	4:18	6.0	5:47	3.9	11:12	0.7	10:28	2.3	7:06	5:40	
9	Mon	5:10	6.1	7:34	3.9			12:29	0.3	7:05	5:41	
10	Tue	6:09	6.1	8:58	4.3			1:40	-0.1	7:04	5:42	
11	Wed	7:11	6.1	9:57	4.6	1:02	3.2	2:40	-0.4	7:03	5:44	
12	Thu	8:10	6.2	10:43	4.8	2:14	3.2	3:31	-0.6	7:02	5:45	
13	Fri	9:05	6.2	11:22	5.0	3:13	3.0	4:15	-0.7	7:01	5:46	
14	Sat	9:53	6.2	11:56	5.0	4:02	2.8	4:54	-0.7	7:00	5:47	
15	Sun	10:37	6.1			4:46	2.6	5:28	-0.6	6:58	5:48	
16	Mon	12:28	5.0	11:17 AM	5.9	5:26	2.4	6:00	-0.4	6:57	5:49	
17	Tue	12:55	5.0	11:56 AM	5.6	6:04	2.1	6:29	-0.1	6:56	5:50	
18	Wed	1:20	5.0	12:34	5.3	6:41	1.9	6:56	0.3	6:55	5:51	
19	Thu	1:44	5.1	1:13	4.9	7:20	1.8	7:24	0.7	6:54	5:52	
20	Fri	2:07	5.1	1:57	4.5	8:01	1.6	7:51	1.3	6:52	5:53	
21	Sat	2:33	5.2	2:48	4.0	8:46	1.5	8:20	1.9	6:51	5:54	
22	Sun	3:02	5.2	3:57	3.6	9:39	1.3	8:53	2.4	6:50	5:55	
23	Mon	3:38	5.3	5:38	3.4	10:42	1.2	9:36	3.0	6:48	5:56	
24	Tue	4:24	5.3	7:46	3.6	11:53	0.9	10:52	3.4	6:47	5:57	
25	Wed	5:22	5.3	9:01	3.9			1:02	0.5	6:46	5:58	
26	Thu	6:27	5.5	9:42	4.2	12:29	3.5	2:00	0.1	6:44	5:59	
27	Fri	7:30	5.7	10:15	4.5	1:42	3.4	2:51	-0.4	6:43	6:00	
28	Sat	8:29	6.0	10:46	4.7	2:36	3.1	3:35	-0.8	6:42	6:02	
29	Sun	9:22	6.3	11:17	4.9	3:24	2.7	4:16	-1.0	6:40	6:03	