US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**1:53**	6.0	**4:17**	5.0	**8:56**	-0.8	**9:09**	3.0	5:51	8:35	
2	Fri	**2:40**	5.5	**4:58**	5.0	**9:37**	-0.4	**10:11**	2.8	5:52	8:35	
3	Sat	**3:30**	4.9	**5:36**	5.0	**10:19**	0.2	**11:18**	2.6	5:52	8:35	
4	Sun	**4:27**	4.3	**6:13**	5.1	**11:00**	0.7			5:53	8:35	
5	Mon	**5:37**	3.8	**6:49**	5.3	**12:27**	2.2	**11:44 AM**	1.3	5:54	8:35	
6	Tue	**7:06**	3.5	**7:24**	5.4	**1:31**	1.8	**12:31**	1.9	5:54	8:34	
7	Wed	**8:44**	3.5	**8:01**	5.6	**2:27**	1.3	**1:22**	2.5	5:55	8:34	
8	Thu	**10:09**	3.7	**8:38**	5.8	**3:16**	0.8	**2:15**	2.9	5:55	8:34	
9	Fri	**11:11**	4.0	**9:17**	6.0	**3:59**	0.3	**3:06**	3.2	5:56	8:33	
10	Sat			**12:00**	4.3	**4:39**	-0.1	**3:54**	3.4	5:57	8:33	
11	Sun			**12:41**	4.4	**5:16**	-0.4	**4:38**	3.4	5:57	8:33	
12	Mon			**1:18**	4.6	**5:54**	-0.7	**5:21**	3.4	5:58	8:32	
13	Tue			**1:54**	4.7	**6:31**	-0.9	**6:03**	3.3	5:59	8:32	
14	Wed	**12:04**	6.5	**2:29**	4.8	**7:09**	-1.1	**6:48**	3.2	5:59	8:31	
15	Thu	**12:48**	6.4	**3:04**	4.9	**7:48**	-1.1	**7:37**	3.0	6:00	8:31	
16	Fri	**1:34**	6.2	**3:39**	5.1	**8:27**	-0.9	**8:31**	2.7	6:01	8:30	
17	Sat	**2:24**	5.8	**4:16**	5.3	**9:08**	-0.6	**9:32**	2.4	6:02	8:29	
18	Sun	**3:21**	5.3	**4:54**	5.6	**9:49**	0.0	**10:41**	2.0	6:02	8:29	
19	Mon	**4:28**	4.7	**5:35**	5.8	**10:34**	0.7	**11:55**	1.5	6:03	8:28	
20	Tue	**5:52**	4.1	**6:19**	6.1	**11:24**	1.4			6:04	8:28	
21	Wed	**7:31**	3.9	**7:07**	6.4	**1:09**	0.9	**12:20**	2.1	6:05	8:27	
22	Thu	**9:09**	4.0	**7:58**	6.6	**2:18**	0.3	**1:24**	2.7	6:05	8:26	
23	Fri	**10:27**	4.3	**8:51**	6.7	**3:18**	-0.2	**2:31**	3.1	6:06	8:25	
24	Sat	**11:28**	4.6	**9:44**	6.8	**4:13**	-0.7	**3:34**	3.2	6:07	8:25	
25	Sun			**12:17**	4.9	**5:02**	-0.9	**4:32**	3.2	6:08	8:24	
26	Mon			**1:01**	5.0	**5:48**	-1.0	**5:25**	3.1	6:09	8:23	
27	Tue			**1:41**	5.1	**6:30**	-1.0	**6:15**	2.9	6:09	8:22	
28	Wed	**12:10**	6.5	**2:18**	5.1	**7:10**	-0.8	**7:02**	2.8	6:10	8:21	
29	Thu	**12:55**	6.2	**2:53**	5.1	**7:47**	-0.6	**7:49**	2.6	6:11	8:20	
30	Fri	**1:37**	5.8	**3:25**	5.1	**8:22**	-0.2	**8:37**	2.5	6:12	8:19	
31	Sat	**2:20**	5.4	**3:55**	5.2	**8:55**	0.3	**9:28**	2.3	6:13	8:18	