US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:06	4.8	4:26	5.2	9:29	0.8	10:23	2.2	6:14	8:17	
2	Mon	3:59	4.3	4:57	5.3	10:03	1.4	11:25	1.9	6:15	8:16	
3	Tue	5:07	3.8	5:32	5.4	10:41	2.1			6:15	8:15	
4	Wed	6:41	3.6	6:13	5.5	12:30	1.7	11:28 AM	2.7	6:16	8:14	
5	Thu	8:36	3.6	7:00	5.6	1:35	1.3	12:30	3.1	6:17	8:13	
6	Fri	10:03	3.9	7:51	5.7	2:33	0.9	1:42	3.4	6:18	8:12	
7	Sat	10:56	4.2	8:43	6.0	3:23	0.5	2:45	3.5	6:19	8:11	
8	Sun	11:35	4.5	9:33	6.2	4:08	0.1	3:38	3.5	6:20	8:10	
9	Mon			12:09	4.6	4:49	-0.3	4:23	3.3	6:21	8:09	
10	Tue			12:41	4.8	5:28	-0.6	5:06	3.1	6:21	8:07	
11	Wed			1:12	4.9	6:06	-0.8	5:49	2.8	6:22	8:06	
12	Thu			1:43	5.1	6:43	-0.9	6:34	2.4	6:23	8:05	
13	Fri	12:41	6.5	2:15	5.3	7:20	-0.7	7:23	2.1	6:24	8:04	
14	Sat	1:30	6.2	2:48	5.6	7:58	-0.4	8:16	1.7	6:25	8:03	
15	Sun	2:24	5.7	3:23	5.8	8:36	0.2	9:14	1.4	6:26	8:01	
16	Mon	3:25	5.1	4:02	6.0	9:17	0.9	10:18	1.0	6:27	8:00	
17	Tue	4:37	4.6	4:45	6.2	10:02	1.7	11:30	0.8	6:27	7:59	
18	Wed	6:07	4.1	5:35	6.3	10:55	2.4			6:28	7:57	
19	Thu	7:50	4.1	6:33	6.3	12:46	0.4	12:04	3.0	6:29	7:56	
20	Fri	9:19	4.4	7:36	6.3	2:00	0.1	1:25	3.3	6:30	7:55	
21	Sat	10:23	4.7	8:40	6.4	3:05	-0.2	2:40	3.3	6:31	7:53	
22	Sun	11:12	4.9	9:38	6.4	4:01	-0.4	3:42	3.1	6:32	7:52	
23	Mon	11:54	5.1	10:31	6.4	4:49	-0.5	4:35	2.9	6:33	7:51	
24	Tue			12:30	5.2	5:30	-0.5	5:22	2.6	6:33	7:49	
25	Wed			1:03	5.2	6:07	-0.4	6:05	2.3	6:34	7:48	
26	Thu	12:02	6.1	1:33	5.2	6:41	-0.2	6:45	2.1	6:35	7:46	
27	Fri	12:44	5.8	2:00	5.3	7:12	0.2	7:25	1.9	6:36	7:45	
28	Sat	1:25	5.5	2:25	5.3	7:42	0.6	8:05	1.7	6:37	7:43	
29	Sun	2:07	5.1	2:49	5.3	8:11	1.1	8:47	1.6	6:38	7:42	
30	Mon	2:53	4.7	3:15	5.4	8:40	1.6	9:32	1.5	6:39	7:40	
31	Tue	3:46	4.3	3:44	5.4	9:11	2.2	10:23	1.4	6:39	7:39	