US HARBORS www.USHarbors.com

Alcatraz Island, CA - Sep 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**4:54**	3.9	**4:20**	5.4	**9:46**	2.8	**11:24**	1.3	6:40	7:38	
2	Thu	**6:29**	3.8	**5:06**	5.3	**10:34**	3.3			6:41	7:36	
3	Fri	**8:26**	3.9	**6:05**	5.4	**12:33**	1.1	**11:54 AM**	3.6	6:42	7:34	
4	Sat	**9:40**	4.2	**7:10**	5.5	**1:42**	0.9	**1:26**	3.7	6:43	7:33	
5	Sun	**10:21**	4.4	**8:13**	5.7	**2:41**	0.5	**2:33**	3.5	6:44	7:31	
6	Mon	**10:54**	4.6	**9:10**	6.0	**3:31**	0.1	**3:23**	3.2	6:44	7:30	
7	Tue	**11:23**	4.8	**10:03**	6.2	**4:15**	-0.2	**4:07**	2.8	6:45	7:28	
8	Wed	**11:52**	5.0	**10:53**	6.3	**4:54**	-0.5	**4:50**	2.4	6:46	7:27	
9	Thu			**12:22**	5.3	**5:32**	-0.5	**5:34**	1.8	6:47	7:25	
10	Fri			**12:52**	5.6	**6:09**	-0.4	**6:20**	1.3	6:48	7:24	
11	Sat	**12:36**	6.2	**1:23**	5.8	**6:46**	0.0	**7:08**	0.8	6:49	7:22	
12	Sun	**1:30**	5.9	**1:57**	6.1	**7:24**	0.5	**7:59**	0.4	6:49	7:21	
13	Mon	**2:29**	5.4	**2:33**	6.3	**8:04**	1.2	**8:54**	0.2	6:50	7:19	
14	Tue	**3:34**	5.0	**3:13**	6.4	**8:47**	1.9	**9:56**	0.1	6:51	7:18	
15	Wed	**4:51**	4.6	**4:01**	6.3	**9:37**	2.6	**11:05**	0.1	6:52	7:16	
16	Thu	**6:22**	4.4	**4:58**	6.1	**10:43**	3.2			6:53	7:14	
17	Fri	**7:55**	4.5	**6:07**	5.9	**12:22**	0.1	**12:11**	3.4	6:54	7:13	
18	Sat	**9:07**	4.7	**7:21**	5.8	**1:38**	0.0	**1:39**	3.4	6:55	7:11	
19	Sun	**10:00**	5.0	**8:31**	5.8	**2:44**	0.0	**2:49**	3.0	6:55	7:10	
20	Mon	**10:42**	5.2	**9:32**	5.8	**3:39**	-0.1	**3:45**	2.6	6:56	7:08	
21	Tue	**11:18**	5.3	**10:25**	5.8	**4:23**	-0.1	**4:32**	2.2	6:57	7:07	
22	Wed	**11:49**	5.3	**11:12**	5.7	**5:01**	0.1	**5:13**	1.8	6:58	7:05	
23	Thu			**12:16**	5.4	**5:34**	0.3	**5:51**	1.5	6:59	7:04	
24	Fri			**12:41**	5.4	**6:04**	0.6	**6:27**	1.2	7:00	7:02	
25	Sat	**12:38**	5.2	**1:03**	5.5	**6:32**	1.0	**7:01**	1.0	7:01	7:00	
26	Sun	**1:20**	5.0	**1:24**	5.5	**7:00**	1.5	**7:36**	0.8	7:01	6:59	
27	Mon	**2:03**	4.7	**1:46**	5.5	**7:27**	2.0	**8:12**	0.7	7:02	6:57	
28	Tue	**2:51**	4.5	**2:11**	5.5	**7:56**	2.5	**8:51**	0.7	7:03	6:56	
29	Wed	**3:45**	4.2	**2:41**	5.5	**8:27**	2.9	**9:36**	0.7	7:04	6:54	
30	Thu	**4:53**	4.1	**3:20**	5.3	**9:04**	3.3	**10:31**	0.7	7:05	6:53	