US HARBORS www.USHarbors.com

Alcatraz Island, CA - Oct 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:23	4.0	4:10	5.2	9:58	3.6	11:37	0.7	7:06	6:51	
2	Sat	7:57	4.1	5:16	5.1	11:35	3.8			7:07	6:50	
3	Sun	8:55	4.3	6:31	5.1	12:49	0.6	1:13	3.7	7:08	6:48	
4	Mon	9:32	4.6	7:43	5.3	1:54	0.4	2:17	3.3	7:08	6:47	
5	Tue	10:03	4.8	8:47	5.5	2:47	0.1	3:06	2.8	7:09	6:45	
6	Wed	10:31	5.1	9:46	5.7	3:32	-0.1	3:51	2.1	7:10	6:44	
7	Thu	11:00	5.4	10:43	5.8	4:13	-0.1	4:35	1.4	7:11	6:42	
8	Fri	11:30	5.8	11:39	5.8	4:52	0.1	5:19	0.7	7:12	6:41	
9	Sat			12:01	6.1	5:31	0.5	6:05	0.0	7:13	6:39	
10	Sun	12:36	5.6	12:34	6.4	6:10	1.0	6:53	-0.5	7:14	6:38	
11	Mon	1:35	5.4	1:10	6.6	6:51	1.6	7:43	-0.8	7:15	6:36	
12	Tue	2:37	5.2	1:49	6.7	7:34	2.2	8:37	-0.8	7:16	6:35	
13	Wed	3:45	4.9	2:34	6.5	8:23	2.8	9:35	-0.7	7:17	6:34	
14	Thu	5:00	4.7	3:26	6.2	9:23	3.2	10:41	-0.4	7:18	6:32	
15	Fri	6:21	4.7	4:30	5.8	10:43	3.5	11:55	-0.2	7:19	6:31	
16	Sat	7:37	4.8	5:44	5.4			12:19	3.4	7:20	6:29	
17	Sun	8:37	5.0	7:03	5.2	1:07	0.0	1:41	3.1	7:21	6:28	
18	Mon	9:23	5.2	8:17	5.1	2:11	0.1	2:45	2.6	7:22	6:27	
19	Tue	10:02	5.3	9:21	5.0	3:03	0.3	3:37	2.0	7:23	6:25	
20	Wed	10:34	5.5	10:16	5.0	3:45	0.5	4:21	1.5	7:24	6:24	
21	Thu	11:01	5.6	11:06	4.9	4:22	0.8	5:00	1.1	7:25	6:23	
22	Fri	11:25	5.6	11:53	4.8	4:54	1.1	5:35	0.7	7:25	6:21	
23	Sat	11:47	5.7			5:24	1.5	6:08	0.4	7:26	6:20	
24	Sun	12:38	4.7	12:08	5.7	5:52	2.0	6:39	0.2	7:27	6:19	
25	Mon	1:23	4.6	12:30	5.8	6:21	2.4	7:11	0.1	7:29	6:18	
26	Tue	2:08	4.5	12:55	5.8	6:51	2.8	7:45	0.0	7:30	6:16	
27	Wed	2:57	4.4	1:24	5.7	7:22	3.1	8:22	0.0	7:31	6:15	
28	Thu	3:50	4.3	1:57	5.6	7:57	3.4	9:05	0.0	7:32	6:14	
29	Fri	4:52	4.2	2:38	5.4	8:39	3.6	9:56	0.1	7:33	6:13	
30	Sat	6:01	4.2	3:30	5.2	9:41	3.8	10:55	0.2	7:34	6:12	
31	Sun	7:07	4.3	4:36	5.0	11:16	3.8			7:35	6:11	