
































Alcatraz Island, CA - Nov 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:57	4.5	5:54	4.8	12:00	0.2	12:48	3.5	7:36	6:10	
2	Tue	8:35	4.8	7:13	4.8	1:02	0.2	1:54	2.9	7:37	6:09	
3	Wed	9:07	5.1	8:27	4.9	1:57	0.2	2:47	2.2	7:38	6:08	
4	Thu	9:38	5.5	9:36	5.0	2:45	0.3	3:34	1.3	7:39	6:07	
5	Fri	10:09	5.9	10:40	5.1	3:29	0.6	4:20	0.5	7:40	6:06	
6	Sat	10:41	6.4	11:42	5.2	4:12	1.0	5:06	-0.3	7:41	6:05	
7	Sun	10:15	6.7	11:43	5.2	3:54	1.5	4:52	-1.0	6:42	5:04	
8	Mon	10:53	6.9			4:38	2.0	5:40	-1.4	6:43	5:03	
9	Tue	12:43	5.1	11:33 AM	7.0	5:24	2.5	6:29	-1.5	6:44	5:02	
10	Wed	1:44	5.1	12:18	6.8	6:13	2.9	7:21	-1.4	6:45	5:01	
11	Thu	2:47	5.0	1:06	6.5	7:08	3.2	8:17	-1.1	6:46	5:00	
12	Fri	3:52	4.9	2:01	6.1	8:15	3.4	9:17	-0.7	6:47	4:59	
13	Sat	4:57	4.9	3:04	5.5	9:37	3.4	10:21	-0.3	6:48	4:59	
14	Sun	5:59	5.0	4:16	5.0	11:06	3.2	11:25	0.1	6:50	4:58	
15	Mon	6:53	5.1	5:35	4.6			12:24	2.7	6:51	4:57	
16	Tue	7:36	5.3	6:54	4.4	12:23	0.4	1:28	2.2	6:52	4:57	
17	Wed	8:13	5.5	8:06	4.3	1:14	0.8	2:20	1.6	6:53	4:56	
18	Thu	8:43	5.6	9:09	4.3	1:58	1.2	3:04	1.0	6:54	4:55	
19	Fri	9:10	5.8	10:05	4.3	2:36	1.6	3:42	0.6	6:55	4:55	
20	Sat	9:34	5.9	10:57	4.4	3:12	2.0	4:16	0.2	6:56	4:54	
21	Sun	9:58	6.0	11:44	4.5	3:46	2.4	4:49	-0.1	6:57	4:54	
22	Mon	10:24	6.0			4:19	2.8	5:20	-0.3	6:58	4:53	
23	Tue	12:29	4.5	10:51 AM	6.0	4:51	3.1	5:52	-0.4	6:59	4:53	
24	Wed	1:13	4.5	11:22 AM	6.0	5:25	3.3	6:26	-0.5	7:00	4:52	
25	Thu	1:58	4.5	11:56 AM	5.9	6:01	3.5	7:04	-0.5	7:01	4:52	
26	Fri	2:44	4.5	12:33	5.8	6:41	3.6	7:45	-0.5	7:02	4:52	
27	Sat	3:32	4.5	1:16	5.5	7:28	3.7	8:31	-0.4	7:03	4:51	
28	Sun	4:22	4.5	2:06	5.3	8:30	3.7	9:22	-0.2	7:04	4:51	
29	Mon	5:11	4.6	3:08	4.9	9:50	3.5	10:16	0.0	7:05	4:51	
30	Tue	5:54	4.8	4:24	4.6	11:14	3.1	11:11	0.3	7:06	4:50	