



































Alcatraz Island, CA - Dec 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:33	5.2	5:50	4.3			12:26	2.4	7:07	4:50	
2	Thu	7:10	5.6	7:16	4.3	12:05	0.6	1:25	1.5	7:08	4:50	
3	Fri	7:46	6.0	8:36	4.4	12:57	1.1	2:17	0.6	7:09	4:50	
4	Sat	8:22	6.4	9:47	4.6	1:47	1.6	3:06	-0.2	7:10	4:50	
5	Sun	9:00	6.8	10:51	4.8	2:36	2.0	3:54	-1.0	7:10	4:50	
6	Mon	9:41	7.1	11:51	5.0	3:25	2.5	4:41	-1.5	7:11	4:50	
7	Tue	10:25	7.2			4:15	2.8	5:29	-1.7	7:12	4:50	
8	Wed	12:47	5.1	11:11 AM	7.1	5:06	3.0	6:18	-1.7	7:13	4:50	
9	Thu	1:40	5.1	11:59 AM	6.9	6:00	3.2	7:07	-1.5	7:14	4:50	
10	Fri	2:33	5.1	12:49	6.5	6:58	3.2	7:57	-1.2	7:14	4:50	
11	Sat	3:26	5.0	1:42	5.9	8:02	3.2	8:48	-0.7	7:15	4:50	
12	Sun	4:17	5.0	2:39	5.3	9:15	3.1	9:39	-0.2	7:16	4:51	
13	Mon	5:08	5.1	3:43	4.7	10:33	2.9	10:32	0.3	7:17	4:51	
14	Tue	5:54	5.2	4:58	4.2	11:49	2.5	11:24	0.9	7:17	4:51	
15	Wed	6:36	5.3	6:25	3.8			12:56	1.9	7:18	4:51	
16	Thu	7:13	5.5	7:52	3.8	12:15	1.4	1:52	1.4	7:19	4:52	
17	Fri	7:46	5.7	9:08	3.9	1:04	1.9	2:39	0.8	7:19	4:52	
18	Sat	8:16	5.8	10:10	4.1	1:50	2.4	3:19	0.4	7:20	4:53	
19	Sun	8:47	6.0	11:01	4.3	2:34	2.8	3:55	0.0	7:20	4:53	
20	Mon	9:19	6.1	11:46	4.5	3:16	3.1	4:30	-0.3	7:21	4:54	
21	Tue	9:52	6.1			3:56	3.3	5:03	-0.5	7:21	4:54	
22	Wed	12:26	4.6	10:27 AM	6.2	4:34	3.4	5:37	-0.7	7:22	4:55	
23	Thu	1:04	4.6	11:04 AM	6.2	5:11	3.5	6:12	-0.8	7:22	4:55	
24	Fri	1:41	4.7	11:42 AM	6.1	5:49	3.4	6:48	-0.8	7:23	4:56	
25	Sat	2:18	4.7	12:23	6.0	6:31	3.4	7:27	-0.8	7:23	4:56	
26	Sun	2:56	4.7	1:06	5.7	7:19	3.3	8:07	-0.7	7:23	4:57	
27	Mon	3:34	4.8	1:55	5.4	8:16	3.2	8:49	-0.3	7:24	4:58	
28	Tue	4:13	5.0	2:54	4.9	9:23	2.9	9:35	0.1	7:24	4:58	
29	Wed	4:53	5.3	4:08	4.3	10:40	2.4	10:24	0.7	7:24	4:59	
30	Thu	5:33	5.6	5:41	4.0	11:55	1.7	11:17	1.3	7:24	5:00	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	6:15	6.0	7:22	3.8			1:02	0.9	7:25	5:01	