

































## Alcatraz Island, CA - Mar 2061

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:05	6.0	9:50	4.7	1:11	3.3	2:32	-0.5	6:39	6:03	
2	Wed	8:12	6.0	10:29	4.9	2:22	3.0	3:24	-0.7	6:38	6:04	
3	Thu	9:11	6.1	11:05	5.1	3:18	2.6	4:07	-0.7	6:36	6:05	
4	Fri	10:03	6.0	11:37	5.2	4:07	2.2	4:46	-0.6	6:35	6:06	
5	Sat	10:50	5.8			4:52	1.8	5:20	-0.4	6:34	6:07	
6	Sun	12:07	5.3	11:35 AM	5.6	5:33	1.4	5:52	0.0	6:32	6:08	
7	Mon	12:34	5.3	12:19	5.2	6:13	1.2	6:22	0.5	6:31	6:09	
8	Tue	12:58	5.4	1:03	4.8	6:53	1.0	6:51	1.0	6:29	6:10	
9	Wed	1:22	5.4	1:50	4.4	7:32	0.8	7:20	1.6	6:28	6:11	
10	Thu	1:47	5.4	2:42	4.1	8:14	0.8	7:50	2.2	6:26	6:12	
11	Fri	2:14	5.3	3:48	3.7	9:01	0.8	8:23	2.7	6:25	6:13	
12	Sat	2:47	5.2	5:22	3.6	9:57	0.8	9:07	3.2	6:23	6:14	
13	Sun	4:31	5.1	8:26	3.7			12:05	0.8	7:22	7:15	
14	Mon	5:30	5.0	9:37	3.9			1:18	0.6	7:20	7:16	
15	Tue	6:42	5.0	10:14	4.2	1:17	3.6	2:23	0.4	7:19	7:17	
16	Wed	7:52	5.1	10:42	4.4	2:29	3.3	3:15	0.1	7:17	7:18	
17	Thu	8:53	5.3	11:07	4.5	3:20	3.0	3:58	-0.2	7:16	7:19	
18	Fri	9:47	5.5	11:32	4.8	4:02	2.6	4:36	-0.4	7:14	7:20	
19	Sat	10:38	5.7	11:58	5.0	4:41	2.0	5:11	-0.4	7:13	7:21	
20	Sun	11:28	5.7			5:21	1.5	5:45	-0.3	7:11	7:22	
21	Mon	12:24	5.3	12:18	5.6	6:03	0.9	6:20	0.0	7:10	7:23	
22	Tue	12:53	5.7	1:11	5.4	6:47	0.3	6:55	0.6	7:08	7:23	
23	Wed	1:23	5.9	2:07	5.1	7:33	-0.2	7:32	1.2	7:07	7:24	
24	Thu	1:56	6.2	3:09	4.7	8:23	-0.5	8:12	1.8	7:05	7:25	
25	Fri	2:34	6.2	4:20	4.3	9:18	-0.6	8:58	2.4	7:03	7:26	
26	Sat	3:18	6.1	5:44	4.1	10:21	-0.5	9:56	3.0	7:02	7:27	
27	Sun	4:11	5.9	7:18	4.1	11:33	-0.4	11:19	3.3	7:00	7:28	
28	Mon	5:19	5.6	8:36	4.4			12:53	-0.3	6:59	7:29	
29	Tue	6:38	5.4	9:32	4.6	1:00	3.2	2:06	-0.3	6:57	7:30	
30	Wed	7:57	5.3	10:15	4.9	2:22	2.9	3:06	-0.3	6:56	7:31	
31	Thu	9:06	5.3	10:52	5.1	3:25	2.3	3:55	-0.3	6:54	7:32	