US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 2062

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:36	5.6	4:07	4.4	10:38	2.0	10:15	0.8	7:25	5:01	
2	Mon	5:20	5.7	5:34	3.8	11:52	1.6	11:06	1.6	7:25	5:02	
3	Tue	6:04	5.8	7:15	3.7			1:00	1.1	7:25	5:03	
4	Wed	6:46	5.9	8:47	3.8	12:02	2.3	1:59	0.6	7:25	5:04	
5	Thu	7:28	6.0	9:56	4.1	1:02	2.8	2:48	0.2	7:25	5:05	
6	Fri	8:08	6.0	10:49	4.4	1:59	3.1	3:31	-0.1	7:25	5:06	
7	Sat	8:48	6.1	11:31	4.6	2:52	3.3	4:10	-0.3	7:25	5:06	
8	Sun	9:27	6.1			3:38	3.4	4:45	-0.5	7:25	5:07	
9	Mon	12:08	4.7	10:06 AM	6.2	4:19	3.4	5:19	-0.6	7:25	5:08	
10	Tue	12:40	4.7	10:43 AM	6.1	4:56	3.3	5:51	-0.6	7:24	5:09	
11	Wed	1:09	4.7	11:20 AM	6.1	5:32	3.2	6:22	-0.6	7:24	5:10	
12	Thu	1:37	4.7	11:57 AM	5.9	6:08	3.1	6:53	-0.6	7:24	5:11	
13	Fri	2:05	4.8	12:35	5.7	6:47	2.9	7:24	-0.4	7:24	5:12	
14	Sat	2:34	4.9	1:15	5.3	7:31	2.8	7:56	-0.1	7:23	5:13	
15	Sun	3:04	5.0	2:01	4.8	8:22	2.5	8:30	0.4	7:23	5:14	
16	Mon	3:35	5.2	3:00	4.3	9:21	2.2	9:07	1.0	7:23	5:15	
17	Tue	4:10	5.5	4:19	3.8	10:29	1.8	9:51	1.7	7:22	5:16	
18	Wed	4:49	5.7	6:06	3.6	11:42	1.2	10:44	2.4	7:22	5:18	
19	Thu	5:35	6.0	7:57	3.7			12:51	0.5	7:21	5:19	
20	Fri	6:27	6.3	9:20	4.1			1:54	-0.1	7:21	5:20	
21	Sat	7:24	6.6	10:19	4.5	1:03	3.3	2:51	-0.8	7:20	5:21	
22	Sun	8:23	6.8	11:06	4.8	2:12	3.3	3:44	-1.2	7:20	5:22	
23	Mon	9:20	7.0	11:48	5.0	3:14	3.2	4:33	-1.5	7:19	5:23	
24	Tue	10:15	7.1			4:11	2.9	5:19	-1.6	7:19	5:24	
25	Wed	12:28	5.2	11:08 AM	7.0	5:05	2.6	6:03	-1.5	7:18	5:25	
26	Thu	1:06	5.3	11:59 AM	6.6	5:59	2.3	6:45	-1.2	7:17	5:26	
27	Fri	1:44	5.5	12:51	6.1	6:54	2.0	7:24	-0.7	7:16	5:27	
28	Sat	2:20	5.6	1:44	5.5	7:50	1.8	8:03	0.0	7:16	5:29	
29	Sun	2:57	5.6	2:41	4.8	8:50	1.6	8:42	0.8	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Mon	**3:35**	5.7	**3:50**	4.1	**9:55**	1.4	**9:24**	1.6	7:14	5:31	
31	Tue	**4:14**	5.7	**5:20**	3.7	**11:04**	1.2	**10:12**	2.3	7:13	5:32	