US HARBORS www.USHarbors.com

Alcatraz Island, CA - Mar 2062

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:07	5.5	5:10	3.7	10:09	0.7	9:26	2.9	6:40	6:03	
2	Thu	3:49	5.3	7:07	3.7	11:18	0.7	10:42	3.4	6:38	6:04	
3	Fri	4:43	5.2	8:34	4.0			12:31	0.6	6:37	6:05	
4	Sat	5:50	5.1	9:22	4.2	12:18	3.5	1:36	0.5	6:35	6:06	
5	Sun	6:57	5.1	9:56	4.4	1:33	3.4	2:29	0.2	6:34	6:07	
6	Mon	7:57	5.3	10:24	4.5	2:27	3.1	3:12	0.0	6:32	6:08	
7	Tue	8:47	5.4	10:48	4.6	3:10	2.8	3:48	-0.1	6:31	6:09	
8	Wed	9:33	5.5	11:10	4.8	3:47	2.4	4:19	-0.2	6:30	6:10	
9	Thu	10:15	5.6	11:32	4.9	4:22	2.1	4:48	-0.2	6:28	6:11	
10	Fri	10:58	5.5	11:55	5.2	4:56	1.7	5:16	0.0	6:27	6:12	
11	Sat	11:41	5.3			5:31	1.3	5:44	0.3	6:25	6:13	
12	Sun	12:20	5.4	1:27	5.1	7:09	0.8	7:14	0.7	7:24	7:14	
13	Mon	1:45	5.6	2:17	4.8	7:50	0.5	7:46	1.3	7:22	7:15	
14	Tue	2:14	5.8	3:14	4.4	8:36	0.2	8:21	1.9	7:21	7:16	
15	Wed	2:47	5.9	4:24	4.1	9:28	0.0	9:01	2.5	7:19	7:17	
16	Thu	3:27	5.9	5:53	3.8	10:29	-0.1	9:52	3.0	7:18	7:18	
17	Fri	4:19	5.8	7:36	3.9	11:42	-0.1	11:10	3.4	7:16	7:19	
18	Sat	5:26	5.7	8:56	4.2			1:03	-0.2	7:15	7:19	
19	Sun	6:45	5.6	9:48	4.5	12:52	3.4	2:16	-0.4	7:13	7:20	
20	Mon	8:03	5.7	10:29	4.8	2:18	3.0	3:16	-0.6	7:11	7:21	
21	Tue	9:13	5.7	11:05	5.1	3:23	2.5	4:06	-0.6	7:10	7:22	
22	Wed	10:14	5.8	11:38	5.3	4:18	1.9	4:49	-0.5	7:08	7:23	
23	Thu	11:10	5.7			5:07	1.3	5:27	-0.3	7:07	7:24	
24	Fri	12:09	5.5	12:03	5.5	5:52	0.8	6:03	0.1	7:05	7:25	
25	Sat	12:39	5.7	12:54	5.2	6:36	0.4	6:38	0.7	7:04	7:26	
26	Sun	1:08	5.8	1:45	4.9	7:18	0.1	7:12	1.2	7:02	7:27	
27	Mon	1:36	5.8	2:37	4.6	8:00	-0.1	7:47	1.8	7:01	7:28	
28	Tue	2:04	5.7	3:33	4.3	8:42	-0.1	8:23	2.4	6:59	7:29	
29	Wed	2:34	5.6	4:38	4.0	9:27	0.0	9:03	2.9	6:58	7:30	
30	Thu	3:08	5.4	5:59	3.8	10:19	0.2	9:55	3.3	6:56	7:31	
31	Fri	3:51	5.1	7:36	3.9	11:21	0.4	11:20	3.5	6:55	7:31	