



































Alcatraz Island, CA - Jan 2064

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:29	6.3	11:13	4.5	2:22	3.3	3:50	-0.5	7:25	5:01	
2	Wed	9:14	6.5	11:52	4.7	3:11	3.4	4:29	-0.9	7:25	5:02	
3	Thu	9:59	6.7			3:58	3.3	5:09	-1.3	7:25	5:02	
4	Fri	12:30	4.8	10:45 AM	6.8	4:44	3.2	5:50	-1.4	7:25	5:03	
5	Sat	1:07	4.9	11:33 AM	6.8	5:32	3.0	6:31	-1.4	7:25	5:04	
6	Sun	1:44	5.1	12:22	6.5	6:23	2.7	7:12	-1.2	7:25	5:05	
7	Mon	2:21	5.3	1:14	6.1	7:19	2.4	7:53	-0.8	7:25	5:06	
8	Tue	3:00	5.5	2:12	5.4	8:22	2.1	8:36	-0.1	7:25	5:07	
9	Wed	3:40	5.7	3:19	4.7	9:31	1.8	9:20	0.6	7:25	5:08	
10	Thu	4:23	5.9	4:43	4.1	10:47	1.3	10:10	1.4	7:24	5:09	
11	Fri	5:10	6.1	6:24	3.8			12:04	0.8	7:24	5:10	
12	Sat	6:00	6.3	8:07	3.9			1:15	0.3	7:24	5:11	
13	Sun	6:53	6.4	9:26	4.2	12:16	2.8	2:16	-0.2	7:24	5:12	
14	Mon	7:47	6.5	10:24	4.6	1:28	3.1	3:10	-0.6	7:24	5:13	
15	Tue	8:39	6.5	11:11	4.8	2:33	3.2	3:57	-0.8	7:23	5:14	
16	Wed	9:28	6.5	11:52	4.9	3:30	3.2	4:39	-0.9	7:23	5:15	
17	Thu	10:13	6.4			4:19	3.1	5:18	-0.9	7:22	5:16	
18	Fri	12:29	5.0	10:55 AM	6.2	5:04	2.9	5:53	-0.8	7:22	5:17	
19	Sat	1:02	5.0	11:35 AM	6.0	5:46	2.8	6:25	-0.6	7:22	5:18	
20	Sun	1:32	5.0	12:13	5.7	6:27	2.6	6:56	-0.3	7:21	5:19	
21	Mon	1:59	5.0	12:51	5.3	7:08	2.5	7:26	0.1	7:21	5:20	
22	Tue	2:24	5.0	1:32	4.9	7:52	2.3	7:55	0.5	7:20	5:21	
23	Wed	2:51	5.1	2:17	4.4	8:40	2.2	8:25	1.1	7:19	5:22	
24	Thu	3:19	5.2	3:14	3.9	9:35	2.0	8:57	1.7	7:19	5:24	
25	Fri	3:51	5.3	4:33	3.5	10:38	1.7	9:34	2.3	7:18	5:25	
26	Sat	4:30	5.4	6:25	3.3	11:47	1.4	10:23	2.8	7:18	5:26	
27	Sun	5:16	5.5	8:21	3.6			12:53	1.0	7:17	5:27	
28	Mon	6:09	5.7	9:29	3.9			1:50	0.4	7:16	5:28	
29	Tue	7:06	5.9	10:13	4.3	12:55	3.5	2:40	-0.1	7:15	5:29	
30	Wed	8:02	6.2	10:49	4.5	2:00	3.4	3:26	-0.6	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	8:55	6.5	11:22	4.7	2:55	3.2	4:08	-1.0	7:14	5:31	