

































Alcatraz Island, CA - Mar 2064

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:35	6.3	11:10	5.2	3:32	2.2	4:18	-0.9	6:39	6:04	
2	Sun	10:29	6.3	11:41	5.5	4:21	1.6	4:57	-0.8	6:37	6:05	
3	Mon	11:23	6.2			5:10	1.0	5:35	-0.4	6:36	6:06	
4	Tue	12:14	5.9	12:19	5.8	6:00	0.4	6:14	0.1	6:35	6:07	
5	Wed	12:48	6.1	1:16	5.3	6:51	0.0	6:53	0.8	6:33	6:08	
6	Thu	1:24	6.3	2:19	4.8	7:46	-0.2	7:34	1.5	6:32	6:08	
7	Fri	2:04	6.3	3:30	4.4	8:44	-0.2	8:21	2.2	6:30	6:09	
8	Sat	2:49	6.2	4:57	4.1	9:50	-0.1	9:20	2.8	6:29	6:10	
9	Sun	4:43	5.9	7:35	4.0			12:04	0.0	7:27	7:11	
10	Mon	5:48	5.6	8:57	4.3			1:22	0.0	7:26	7:12	
11	Tue	7:02	5.4	9:54	4.5	1:19	3.2	2:31	0.0	7:24	7:13	
12	Wed	8:14	5.3	10:36	4.7	2:36	3.0	3:28	-0.1	7:23	7:14	
13	Thu	9:16	5.3	11:11	4.8	3:34	2.6	4:13	-0.1	7:21	7:15	
14	Fri	10:09	5.3	11:40	4.9	4:21	2.2	4:50	0.0	7:20	7:16	
15	Sat	10:55	5.3			5:02	1.8	5:21	0.1	7:18	7:17	
16	Sun	12:05	5.0	11:37 AM	5.2	5:38	1.5	5:50	0.4	7:17	7:18	
17	Mon	12:26	5.1	12:18	5.0	6:12	1.2	6:16	0.7	7:15	7:19	
18	Tue	12:46	5.2	12:58	4.8	6:44	0.9	6:42	1.1	7:14	7:20	
19	Wed	1:07	5.3	1:39	4.6	7:16	0.7	7:08	1.5	7:12	7:21	
20	Thu	1:29	5.4	2:22	4.4	7:49	0.5	7:35	1.9	7:11	7:22	
21	Fri	1:53	5.5	3:11	4.1	8:25	0.4	8:04	2.3	7:09	7:23	
22	Sat	2:22	5.5	4:08	3.9	9:06	0.3	8:36	2.7	7:08	7:24	
23	Sun	2:57	5.5	5:23	3.7	9:56	0.3	9:16	3.1	7:06	7:25	
24	Mon	3:40	5.4	6:56	3.7	10:57	0.3	10:19	3.3	7:05	7:26	
25	Tue	4:37	5.2	8:18	3.9			12:08	0.2	7:03	7:26	
26	Wed	5:49	5.2	9:09	4.1			1:20	0.0	7:02	7:27	
27	Thu	7:06	5.2	9:46	4.4	1:27	3.2	2:22	-0.2	7:00	7:28	
28	Fri	8:20	5.4	10:18	4.8	2:35	2.6	3:13	-0.4	6:59	7:29	
29	Sat	9:26	5.5	10:49	5.1	3:30	2.0	3:59	-0.4	6:57	7:30	
30	Sun	10:28	5.6	11:21	5.6	4:21	1.2	4:40	-0.2	6:55	7:31	
31	Mon	11:27	5.6	11:54	6.0	5:09	0.4	5:21	0.2	6:54	7:32	