




































Alcatraz Island, CA - Dec 2064

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 5:42 | 5.2 | 4:53 | 4.4 | 11:30 | 2.4 | 11:11 | 0.7 | 7:07 | 4:50 |  |
| 2 | Tue | 6:22 | 5.5 | 6:24 | 4.1 | | | 12:39 | 1.6 | 7:08 | 4:50 |  |
| 3 | Wed | 7:02 | 5.9 | 7:52 | 4.1 | 12:05 | 1.2 | 1:38 | 0.8 | 7:09 | 4:50 |  |
| 4 | Thu | 7:42 | 6.4 | 9:11 | 4.3 | 12:59 | 1.7 | 2:31 | -0.1 | 7:10 | 4:50 |  |
| 5 | Fri | 8:23 | 6.7 | 10:19 | 4.6 | 1:53 | 2.2 | 3:21 | -0.8 | 7:10 | 4:50 |  |
| 6 | Sat | 9:06 | 7.0 | 11:18 | 4.8 | 2:46 | 2.6 | 4:09 | -1.3 | 7:11 | 4:50 |  |
| 7 | Sun | 9:51 | 7.1 | | | 3:38 | 2.9 | 4:57 | -1.6 | 7:12 | 4:50 |  |
| 8 | Mon | 12:12 | 5.0 | 10:38 AM | 7.1 | 4:31 | 3.0 | 5:44 | -1.7 | 7:13 | 4:50 |  |
| 9 | Tue | 1:03 | 5.0 | 11:26 AM | 6.9 | 5:24 | 3.1 | 6:31 | -1.5 | 7:14 | 4:50 |  |
| 10 | Wed | 1:52 | 5.1 | 12:14 | 6.6 | 6:19 | 3.1 | 7:17 | -1.2 | 7:14 | 4:50 |  |
| 11 | Thu | 2:39 | 5.0 | 1:03 | 6.1 | 7:16 | 3.1 | 8:03 | -0.9 | 7:15 | 4:50 |  |
| 12 | Fri | 3:25 | 5.0 | 1:54 | 5.5 | 8:19 | 3.0 | 8:48 | -0.4 | 7:16 | 4:51 |  |
| 13 | Sat | 4:11 | 5.0 | 2:49 | 4.9 | 9:29 | 2.9 | 9:34 | 0.2 | 7:17 | 4:51 |  |
| 14 | Sun | 4:54 | 5.1 | 3:54 | 4.3 | 10:44 | 2.6 | 10:21 | 0.8 | 7:17 | 4:51 |  |
| 15 | Mon | 5:36 | 5.2 | 5:13 | 3.8 | 11:56 | 2.2 | 11:10 | 1.4 | 7:18 | 4:52 |  |
| 16 | Tue | 6:14 | 5.3 | 6:46 | 3.6 | | | 12:59 | 1.6 | 7:19 | 4:52 |  |
| 17 | Wed | 6:50 | 5.5 | 8:16 | 3.7 | 12:01 | 2.0 | 1:53 | 1.1 | 7:19 | 4:52 |  |
| 18 | Thu | 7:25 | 5.7 | 9:29 | 3.9 | 12:53 | 2.4 | 2:39 | 0.6 | 7:20 | 4:53 |  |
| 19 | Fri | 7:59 | 5.9 | 10:26 | 4.2 | 1:44 | 2.8 | 3:19 | 0.2 | 7:20 | 4:53 |  |
| 20 | Sat | 8:35 | 6.0 | 11:12 | 4.4 | 2:32 | 3.1 | 3:55 | -0.1 | 7:21 | 4:54 |  |
| 21 | Sun | 9:13 | 6.1 | 11:52 | 4.5 | 3:16 | 3.3 | 4:30 | -0.4 | 7:21 | 4:54 |  |
| 22 | Mon | 9:51 | 6.2 | | | 3:57 | 3.4 | 5:05 | -0.7 | 7:22 | 4:55 |  |
| 23 | Tue | 12:29 | 4.6 | 10:30 AM | 6.3 | 4:37 | 3.4 | 5:39 | -0.8 | 7:22 | 4:55 |  |
| 24 | Wed | 1:04 | 4.7 | 11:10 AM | 6.3 | 5:16 | 3.3 | 6:15 | -1.0 | 7:23 | 4:56 |  |
| 25 | Thu | 1:39 | 4.8 | 11:51 AM | 6.2 | 5:58 | 3.2 | 6:51 | -1.0 | 7:23 | 4:56 |  |
| 26 | Fri | 2:14 | 4.8 | 12:34 | 6.0 | 6:44 | 3.1 | 7:29 | -0.8 | 7:23 | 4:57 |  |
| 27 | Sat | 2:50 | 5.0 | 1:22 | 5.6 | 7:36 | 2.9 | 8:08 | -0.5 | 7:24 | 4:58 |  |
| 28 | Sun | 3:26 | 5.1 | 2:16 | 5.1 | 8:37 | 2.6 | 8:50 | 0.0 | 7:24 | 4:58 |  |
| 29 | Mon | 4:04 | 5.4 | 3:23 | 4.5 | 9:47 | 2.2 | 9:34 | 0.6 | 7:24 | 4:59 |  |
| 30 | Tue | 4:45 | 5.7 | 4:47 | 4.0 | 11:02 | 1.7 | 10:24 | 1.3 | 7:24 | 5:00 |  |

| Date | | High | | | | Low | | | |  | |  |
|-----------|-----|-------------|-----|-------------|-----|-----|----|--------------|-----|--|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 31 | Wed | 5:28 | 6.0 | 6:27 | 3.8 | | | 12:15 | 1.0 | 7:25 | 5:01 |  |