































## Alcatraz Island, CA - Mar 2065

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:26	5.8	9:08	4.6	12:25	3.2	1:50	-0.3	6:39	6:03	
2	Mon	7:36	5.8	9:51	4.8	1:44	2.9	2:46	-0.4	6:38	6:04	
3	Tue	8:38	5.9	10:28	5.0	2:45	2.5	3:32	-0.4	6:36	6:05	
4	Wed	9:32	5.8	11:01	5.2	3:37	2.1	4:11	-0.4	6:35	6:06	
5	Thu	10:20	5.7	11:30	5.3	4:21	1.7	4:45	-0.2	6:33	6:07	
6	Fri	11:05	5.5	11:57	5.4	5:02	1.4	5:17	0.1	6:32	6:08	
7	Sat	11:48	5.2			5:40	1.1	5:47	0.5	6:31	6:09	
8	Sun	12:21	5.4	1:31	4.9	7:17	0.9	7:16	1.0	7:29	7:10	
9	Mon	1:44	5.5	2:14	4.6	7:53	0.7	7:45	1.5	7:28	7:11	
10	Tue	2:08	5.5	3:00	4.3	8:30	0.7	8:15	1.9	7:26	7:12	
11	Wed	2:34	5.5	3:53	4.0	9:11	0.6	8:46	2.4	7:25	7:13	
12	Thu	3:05	5.4	4:59	3.7	9:57	0.7	9:22	2.8	7:23	7:14	
13	Fri	3:44	5.3	6:29	3.6	10:54	0.7	10:13	3.2	7:22	7:15	
14	Sat	4:34	5.1	8:11	3.7			12:04	0.7	7:20	7:16	
15	Sun	5:37	5.0	9:14	3.9			1:16	0.6	7:19	7:17	
16	Mon	6:48	5.1	9:52	4.1	1:14	3.3	2:18	0.3	7:17	7:18	
17	Tue	7:56	5.2	10:22	4.4	2:22	3.0	3:08	0.0	7:16	7:19	
18	Wed	8:59	5.4	10:49	4.7	3:14	2.6	3:50	-0.2	7:14	7:20	
19	Thu	9:55	5.5	11:17	5.0	4:00	2.0	4:29	-0.2	7:13	7:21	
20	Fri	10:49	5.6	11:46	5.4	4:43	1.4	5:06	-0.1	7:11	7:22	
21	Sat	11:43	5.6			5:27	0.7	5:42	0.1	7:10	7:23	
22	Sun	12:16	5.7	12:37	5.5	6:12	0.1	6:20	0.6	7:08	7:23	
23	Mon	12:48	6.1	1:33	5.3	6:59	-0.4	6:59	1.1	7:06	7:24	
24	Tue	1:24	6.3	2:32	5.0	7:48	-0.7	7:40	1.6	7:05	7:25	
25	Wed	2:02	6.4	3:36	4.6	8:41	-0.8	8:25	2.2	7:03	7:26	
26	Thu	2:46	6.3	4:49	4.3	9:39	-0.7	9:19	2.7	7:02	7:27	
27	Fri	3:38	6.1	6:11	4.2	10:45	-0.5	10:30	3.0	7:00	7:28	
28	Sat	4:40	5.8	7:34	4.3	11:59	-0.3			6:59	7:29	
29	Sun	5:53	5.4	8:41	4.5	12:05	3.1	1:13	-0.2	6:57	7:30	
30	Mon	7:12	5.2	9:31	4.8	1:35	2.8	2:19	-0.1	6:56	7:31	
31	Tue	8:25	5.1	10:12	5.0	2:45	2.4	3:13	0.0	6:54	7:32	