

Alcatraz Island, CA - Jul 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:47	6.1	2:49	5.0	7:38	-0.7	7:42	2.7	5:52	8:35	
2	Mon	1:28	5.7	3:25	5.0	8:14	-0.4	8:30	2.6	5:52	8:35	
3	Tue	2:09	5.3	3:58	5.0	8:49	-0.1	9:21	2.5	5:53	8:35	
4	Wed	2:53	4.9	4:32	5.1	9:24	0.3	10:17	2.4	5:53	8:35	
5	Thu	3:41	4.4	5:07	5.2	10:01	0.8	11:18	2.2	5:54	8:35	
6	Fri	4:39	4.0	5:44	5.3	10:41	1.4			5:54	8:34	
7	Sat	5:54	3.6	6:25	5.4	12:23	1.9	11:26 AM	1.9	5:55	8:34	
8	Sun	7:25	3.5	7:08	5.6	1:26	1.5	12:19	2.3	5:55	8:34	
9	Mon	8:57	3.6	7:54	5.8	2:22	1.1	1:18	2.7	5:56	8:33	
10	Tue	10:08	3.8	8:40	6.0	3:11	0.6	2:17	2.9	5:57	8:33	
11	Wed	11:01	4.1	9:27	6.3	3:55	0.1	3:11	3.0	5:57	8:33	
12	Thu	11:45	4.4	10:13	6.5	4:36	-0.3	4:01	3.0	5:58	8:32	
13	Fri			12:25	4.6	5:16	-0.7	4:49	2.9	5:59	8:32	
14	Sat			1:03	4.9	5:56	-1.0	5:37	2.7	5:59	8:31	
15	Sun			1:40	5.1	6:36	-1.1	6:27	2.4	6:00	8:31	
16	Mon	12:35	6.6	2:18	5.3	7:16	-1.1	7:19	2.2	6:01	8:30	
17	Tue	1:26	6.3	2:56	5.6	7:58	-0.8	8:15	1.9	6:02	8:29	
18	Wed	2:19	5.9	3:36	5.8	8:40	-0.4	9:15	1.6	6:02	8:29	
19	Thu	3:18	5.4	4:19	6.0	9:24	0.2	10:22	1.4	6:03	8:28	
20	Fri	4:26	4.8	5:06	6.2	10:12	0.9	11:36	1.1	6:04	8:28	
21	Sat	5:45	4.3	5:56	6.3	11:06	1.6			6:05	8:27	
22	Sun	7:17	4.0	6:51	6.4	12:51	0.7	12:09	2.1	6:06	8:26	
23	Mon	8:47	4.1	7:48	6.5	2:02	0.4	1:18	2.6	6:06	8:25	
24	Tue	10:01	4.4	8:44	6.5	3:04	0.0	2:26	2.8	6:07	8:25	
25	Wed	10:58	4.7	9:37	6.5	3:58	-0.3	3:28	2.8	6:08	8:24	
26	Thu	11:46	4.9	10:26	6.5	4:45	-0.4	4:22	2.7	6:09	8:23	
27	Fri			12:27	5.0	5:27	-0.5	5:11	2.6	6:10	8:22	
28	Sat			1:04	5.1	6:04	-0.4	5:56	2.5	6:10	8:21	
29	Sun			1:37	5.1	6:38	-0.3	6:38	2.4	6:11	8:20	
30	Mon	12:33	5.9	2:07	5.2	7:10	-0.1	7:18	2.3	6:12	8:19	
31	Tue	1:12	5.6	2:35	5.2	7:41	0.2	7:59	2.2	6:13	8:18	