

Alcatraz Island, CA - Oct 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:59	4.3	2:57	5.5	8:41	2.9	9:45	0.5	7:06	6:51	
2	Tue	5:03	4.2	3:45	5.4	9:30	3.1	10:43	0.5	7:07	6:50	
3	Wed	6:15	4.2	4:45	5.3	10:40	3.3	11:49	0.5	7:08	6:48	
4	Thu	7:24	4.3	5:56	5.2			12:07	3.2	7:09	6:47	
5	Fri	8:18	4.6	7:11	5.2	12:55	0.4	1:25	2.8	7:09	6:45	
6	Sat	9:02	4.9	8:22	5.4	1:55	0.3	2:27	2.3	7:10	6:44	
7	Sun	9:41	5.3	9:27	5.5	2:48	0.3	3:21	1.6	7:11	6:42	
8	Mon	10:17	5.7	10:28	5.6	3:36	0.3	4:10	0.9	7:12	6:41	
9	Tue	10:54	6.1	11:27	5.7	4:20	0.5	4:59	0.2	7:13	6:39	
10	Wed	11:32	6.4			5:04	0.8	5:46	-0.4	7:14	6:38	
11	Thu	12:24	5.6	12:10	6.7	5:48	1.2	6:35	-0.7	7:15	6:36	
12	Fri	1:21	5.5	12:51	6.8	6:33	1.6	7:24	-0.9	7:16	6:35	
13	Sat	2:19	5.3	1:35	6.7	7:21	2.0	8:16	-0.8	7:17	6:33	
14	Sun	3:19	5.1	2:22	6.4	8:13	2.4	9:10	-0.6	7:18	6:32	
15	Mon	4:22	4.9	3:13	6.0	9:12	2.8	10:09	-0.2	7:19	6:31	
16	Tue	5:30	4.8	4:11	5.6	10:24	3.0	11:13	0.1	7:20	6:29	
17	Wed	6:38	4.8	5:18	5.2	11:47	2.9			7:21	6:28	
18	Thu	7:41	4.9	6:31	4.9	12:20	0.4	1:05	2.7	7:22	6:27	
19	Fri	8:32	5.1	7:45	4.7	1:23	0.6	2:11	2.3	7:23	6:25	
20	Sat	9:14	5.2	8:52	4.7	2:17	0.8	3:05	1.8	7:24	6:24	
21	Sun	9:49	5.4	9:50	4.7	3:03	1.0	3:50	1.4	7:25	6:23	
22	Mon	10:18	5.5	10:41	4.7	3:43	1.2	4:29	1.0	7:26	6:21	
23	Tue	10:44	5.6	11:27	4.7	4:19	1.5	5:04	0.7	7:27	6:20	
24	Wed	11:10	5.7			4:51	1.8	5:37	0.4	7:28	6:19	
25	Thu	12:11	4.7	11:36 AM	5.8	5:23	2.1	6:09	0.1	7:29	6:18	
26	Fri	12:53	4.7	12:04	5.9	5:54	2.3	6:41	0.0	7:30	6:16	
27	Sat	1:35	4.7	12:34	5.9	6:26	2.6	7:15	-0.2	7:31	6:15	
28	Sun	2:19	4.6	1:07	5.9	7:00	2.8	7:51	-0.2	7:32	6:14	
29	Mon	3:05	4.6	1:43	5.8	7:38	3.0	8:32	-0.2	7:33	6:13	
30	Tue	3:55	4.5	2:25	5.6	8:22	3.1	9:19	-0.1	7:34	6:12	
31	Wed	4:49	4.5	3:15	5.4	9:18	3.2	10:11	0.0	7:35	6:11	