

Alcatraz Island, CA - May 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:35	4.2	10:02	5.3	3:36	1.1	3:22	1.0	6:12	8:00	
2	Thu	10:32	4.3	10:32	5.5	4:20	0.7	4:02	1.3	6:11	8:01	
3	Fri	11:22	4.3	10:59	5.5	4:58	0.3	4:38	1.6	6:10	8:02	
4	Sat			12:07	4.4	5:32	0.0	5:13	1.9	6:09	8:03	
5	Sun			12:50	4.4	6:05	-0.2	5:46	2.1	6:08	8:04	
6	Mon			1:31	4.4	6:37	-0.4	6:20	2.3	6:07	8:05	
7	Tue	12:25	5.7	2:12	4.4	7:09	-0.5	6:54	2.5	6:06	8:06	
8	Wed	12:57	5.6	2:54	4.4	7:43	-0.5	7:31	2.7	6:05	8:07	
9	Thu	1:32	5.5	3:39	4.3	8:20	-0.5	8:12	2.8	6:04	8:08	
10	Fri	2:10	5.4	4:26	4.3	9:01	-0.5	9:01	2.9	6:03	8:09	
11	Sat	2:54	5.2	5:16	4.4	9:47	-0.4	10:03	2.9	6:02	8:09	
12	Sun	3:46	4.9	6:07	4.5	10:38	-0.2	11:18	2.7	6:01	8:10	
13	Mon	4:50	4.6	6:56	4.7	11:33	0.0			6:00	8:11	
14	Tue	6:07	4.3	7:42	5.1	12:36	2.3	12:31	0.3	5:59	8:12	
15	Wed	7:29	4.2	8:26	5.4	1:44	1.7	1:28	0.6	5:58	8:13	
16	Thu	8:48	4.3	9:07	5.8	2:42	1.0	2:23	0.8	5:58	8:14	
17	Fri	9:59	4.4	9:49	6.2	3:35	0.2	3:15	1.2	5:57	8:15	
18	Sat	11:04	4.6	10:32	6.5	4:25	-0.5	4:06	1.5	5:56	8:15	
19	Sun			12:04	4.8	5:13	-1.1	4:56	1.8	5:55	8:16	
20	Mon			1:00	4.9	6:01	-1.5	5:47	2.0	5:55	8:17	
21	Tue	12:01	6.8	1:55	5.0	6:49	-1.6	6:39	2.2	5:54	8:18	
22	Wed	12:48	6.7	2:48	5.0	7:37	-1.6	7:34	2.4	5:53	8:19	
23	Thu	1:36	6.4	3:41	5.0	8:26	-1.4	8:34	2.5	5:53	8:20	
24	Fri	2:26	5.9	4:34	5.0	9:16	-1.0	9:39	2.5	5:52	8:20	
25	Sat	3:20	5.4	5:27	5.0	10:07	-0.6	10:52	2.4	5:52	8:21	
26	Sun	4:18	4.8	6:20	5.1	11:00	-0.1			5:51	8:22	
27	Mon	5:25	4.3	7:09	5.1	12:07	2.2	11:55 AM	0.4	5:50	8:23	
28	Tue	6:42	3.9	7:54	5.3	1:17	1.9	12:50	0.9	5:50	8:23	
29	Wed	8:02	3.7	8:34	5.4	2:18	1.4	1:43	1.3	5:50	8:24	
30	Thu	9:17	3.8	9:09	5.5	3:10	1.0	2:32	1.7	5:49	8:25	
31	Fri	10:21	3.9	9:42	5.7	3:55	0.5	3:17	2.0	5:49	8:25	