

Alcatraz Island, CA - Jun 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:14	4.0	10:14	5.8	4:34	0.2	3:58	2.3	5:48	8:26	
2	Sun			12:01	4.2	5:10	-0.1	4:38	2.5	5:48	8:27	
3	Mon			12:44	4.3	5:44	-0.4	5:16	2.6	5:48	8:27	
4	Tue			1:24	4.4	6:17	-0.6	5:53	2.8	5:48	8:28	
5	Wed			2:02	4.5	6:50	-0.7	6:31	2.8	5:47	8:29	
6	Thu	12:32	5.9	2:41	4.6	7:24	-0.8	7:12	2.9	5:47	8:29	
7	Fri	1:10	5.8	3:19	4.7	8:00	-0.8	7:56	2.8	5:47	8:30	
8	Sat	1:51	5.6	4:00	4.7	8:39	-0.7	8:48	2.8	5:47	8:30	
9	Sun	2:37	5.3	4:41	4.9	9:21	-0.6	9:48	2.6	5:47	8:31	
10	Mon	3:29	5.0	5:25	5.1	10:07	-0.2	10:57	2.4	5:47	8:31	
11	Tue	4:33	4.5	6:10	5.3	10:57	0.2			5:47	8:32	
12	Wed	5:51	4.2	6:56	5.6	12:11	1.9	11:51 AM	0.7	5:47	8:32	
13	Thu	7:18	4.0	7:43	6.0	1:22	1.3	12:48	1.1	5:47	8:33	
14	Fri	8:44	4.0	8:30	6.3	2:25	0.6	1:47	1.6	5:47	8:33	
15	Sat	10:01	4.2	9:17	6.6	3:21	-0.1	2:45	1.9	5:47	8:33	
16	Sun	11:06	4.5	10:05	6.8	4:13	-0.7	3:42	2.2	5:47	8:34	
17	Mon			12:04	4.7	5:02	-1.1	4:37	2.3	5:47	8:34	
18	Tue			12:56	4.9	5:50	-1.4	5:32	2.4	5:47	8:34	
19	Wed			1:45	5.1	6:36	-1.5	6:26	2.5	5:47	8:34	
20	Thu	12:30	6.7	2:31	5.2	7:21	-1.4	7:20	2.5	5:47	8:35	
21	Fri	1:18	6.3	3:16	5.2	8:05	-1.1	8:17	2.5	5:48	8:35	
22	Sat	2:06	5.9	4:00	5.3	8:49	-0.7	9:16	2.4	5:48	8:35	
23	Sun	2:56	5.3	4:44	5.3	9:32	-0.2	10:19	2.3	5:48	8:35	
24	Mon	3:49	4.8	5:27	5.3	10:16	0.3	11:27	2.1	5:49	8:35	
25	Tue	4:50	4.2	6:10	5.3	11:03	0.9			5:49	8:35	
26	Wed	6:03	3.8	6:52	5.4	12:35	1.9	11:53 AM	1.4	5:49	8:35	
27	Thu	7:29	3.6	7:34	5.5	1:38	1.5	12:47	1.9	5:50	8:36	
28	Fri	8:55	3.6	8:15	5.7	2:35	1.1	1:42	2.3	5:50	8:36	
29	Sat	10:06	3.8	8:56	5.8	3:23	0.7	2:35	2.6	5:50	8:35	
30	Sun	11:01	4.0	9:35	6.0	4:06	0.3	3:23	2.8	5:51	8:35	