

## Alcatraz Island, CA - Aug 2069

| Date |     | High  |     |       |     | Low   |      |       |     |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|-----|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft  | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Thu |       |     | 12:25 | 4.8 | 5:25  | -0.3 | 5:10  | 2.6 | 6:14                                                                                | 8:18 |    |
| 2    | Fri |       |     | 12:58 | 5.0 | 6:00  | -0.5 | 5:52  | 2.4 | 6:14                                                                                | 8:17 |    |
| 3    | Sat | 12:00 | 6.3 | 1:30  | 5.2 | 6:36  | -0.5 | 6:36  | 2.1 | 6:15                                                                                | 8:16 |    |
| 4    | Sun | 12:45 | 6.2 | 2:04  | 5.5 | 7:12  | -0.4 | 7:23  | 1.8 | 6:16                                                                                | 8:14 |    |
| 5    | Mon | 1:33  | 6.0 | 2:40  | 5.7 | 7:49  | -0.1 | 8:13  | 1.6 | 6:17                                                                                | 8:13 |    |
| 6    | Tue | 2:25  | 5.6 | 3:18  | 5.9 | 8:29  | 0.3  | 9:09  | 1.3 | 6:18                                                                                | 8:12 |    |
| 7    | Wed | 3:23  | 5.1 | 4:00  | 6.1 | 9:12  | 0.8  | 10:11 | 1.1 | 6:19                                                                                | 8:11 |    |
| 8    | Thu | 4:30  | 4.6 | 4:47  | 6.2 | 10:00 | 1.4  | 11:22 | 0.9 | 6:20                                                                                | 8:10 |    |
| 9    | Fri | 5:52  | 4.3 | 5:41  | 6.3 | 10:57 | 2.0  |       |     | 6:20                                                                                | 8:09 |    |
| 10   | Sat | 7:23  | 4.1 | 6:40  | 6.3 | 12:37 | 0.6  | 12:06 | 2.5 | 6:21                                                                                | 8:08 |    |
| 11   | Sun | 8:48  | 4.3 | 7:43  | 6.4 | 1:50  | 0.3  | 1:21  | 2.7 | 6:22                                                                                | 8:06 |    |
| 12   | Mon | 9:55  | 4.6 | 8:44  | 6.5 | 2:54  | 0.0  | 2:32  | 2.7 | 6:23                                                                                | 8:05 |    |
| 13   | Tue | 10:48 | 4.9 | 9:42  | 6.5 | 3:49  | -0.2 | 3:34  | 2.6 | 6:24                                                                                | 8:04 |   |
| 14   | Wed | 11:33 | 5.1 | 10:34 | 6.5 | 4:37  | -0.4 | 4:28  | 2.3 | 6:25                                                                                | 8:03 |  |
| 15   | Thu |       |     | 12:13 | 5.3 | 5:20  | -0.4 | 5:17  | 2.1 | 6:26                                                                                | 8:02 |  |
| 16   | Fri |       |     | 12:49 | 5.4 | 5:59  | -0.3 | 6:03  | 1.9 | 6:26                                                                                | 8:00 |  |
| 17   | Sat | 12:08 | 6.1 | 1:23  | 5.5 | 6:35  | -0.1 | 6:47  | 1.8 | 6:27                                                                                | 7:59 |  |
| 18   | Sun | 12:52 | 5.9 | 1:55  | 5.5 | 7:09  | 0.3  | 7:29  | 1.6 | 6:28                                                                                | 7:58 |  |
| 19   | Mon | 1:35  | 5.5 | 2:25  | 5.5 | 7:43  | 0.6  | 8:12  | 1.6 | 6:29                                                                                | 7:56 |  |
| 20   | Tue | 2:19  | 5.1 | 2:56  | 5.5 | 8:17  | 1.1  | 8:56  | 1.5 | 6:30                                                                                | 7:55 |  |
| 21   | Wed | 3:05  | 4.7 | 3:28  | 5.5 | 8:51  | 1.6  | 9:43  | 1.5 | 6:31                                                                                | 7:54 |  |
| 22   | Thu | 3:57  | 4.3 | 4:03  | 5.5 | 9:29  | 2.1  | 10:38 | 1.5 | 6:32                                                                                | 7:52 |  |
| 23   | Fri | 5:01  | 4.0 | 4:46  | 5.4 | 10:13 | 2.5  | 11:41 | 1.4 | 6:32                                                                                | 7:51 |  |
| 24   | Sat | 6:23  | 3.8 | 5:36  | 5.4 | 11:10 | 2.9  |       |     | 6:33                                                                                | 7:49 |  |
| 25   | Sun | 7:54  | 3.9 | 6:34  | 5.4 | 12:49 | 1.3  | 12:23 | 3.1 | 6:34                                                                                | 7:48 |  |
| 26   | Mon | 9:06  | 4.1 | 7:33  | 5.5 | 1:52  | 1.0  | 1:36  | 3.1 | 6:35                                                                                | 7:47 |  |
| 27   | Tue | 9:55  | 4.3 | 8:30  | 5.7 | 2:46  | 0.7  | 2:36  | 3.0 | 6:36                                                                                | 7:45 |  |
| 28   | Wed | 10:33 | 4.6 | 9:22  | 5.9 | 3:31  | 0.4  | 3:25  | 2.7 | 6:37                                                                                | 7:44 |  |
| 29   | Thu | 11:06 | 4.8 | 10:12 | 6.1 | 4:12  | 0.1  | 4:09  | 2.4 | 6:38                                                                                | 7:42 |  |
| 30   | Fri | 11:38 | 5.1 | 11:00 | 6.2 | 4:49  | 0.0  | 4:51  | 2.0 | 6:38                                                                                | 7:41 |  |
| 31   | Sat |       |     | 12:11 | 5.4 | 5:26  | -0.1 | 5:34  | 1.6 | 6:39                                                                                | 7:39 |  |