

Alcatraz Island, CA - Sep 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:44	5.7	6:03	0.0	6:18	1.2	6:40	7:38	
2	Mon	12:38	6.1	1:19	5.9	6:41	0.2	7:05	0.8	6:41	7:36	
3	Tue	1:30	5.8	1:56	6.2	7:21	0.6	7:55	0.5	6:42	7:35	
4	Wed	2:26	5.5	2:36	6.3	8:03	1.1	8:49	0.4	6:43	7:33	
5	Thu	3:27	5.1	3:21	6.3	8:49	1.6	9:50	0.3	6:43	7:32	
6	Fri	4:36	4.7	4:12	6.3	9:42	2.1	10:58	0.3	6:44	7:30	
7	Sat	5:56	4.5	5:11	6.1	10:47	2.6			6:45	7:29	
8	Sun	7:20	4.5	6:18	6.0	12:13	0.3	12:07	2.8	6:46	7:27	
9	Mon	8:34	4.7	7:29	5.9	1:27	0.3	1:28	2.8	6:47	7:26	
10	Tue	9:33	4.9	8:35	5.9	2:32	0.2	2:38	2.5	6:48	7:24	
11	Wed	10:20	5.2	9:35	5.9	3:27	0.1	3:35	2.2	6:48	7:23	
12	Thu	11:01	5.4	10:29	5.9	4:13	0.1	4:25	1.8	6:49	7:21	
13	Fri	11:37	5.5	11:17	5.8	4:53	0.3	5:09	1.5	6:50	7:19	
14	Sat			12:09	5.6	5:30	0.5	5:50	1.3	6:51	7:18	
15	Sun	12:02	5.6	12:38	5.6	6:04	0.7	6:28	1.1	6:52	7:16	
16	Mon	12:45	5.4	1:06	5.6	6:36	1.1	7:04	0.9	6:53	7:15	
17	Tue	1:27	5.2	1:33	5.6	7:08	1.4	7:41	0.9	6:54	7:13	
18	Wed	2:10	4.9	2:01	5.6	7:40	1.8	8:19	0.8	6:54	7:12	
19	Thu	2:55	4.6	2:31	5.5	8:13	2.2	9:00	0.9	6:55	7:10	
20	Fri	3:45	4.4	3:07	5.4	8:50	2.6	9:46	0.9	6:56	7:08	
21	Sat	4:44	4.2	3:50	5.3	9:35	2.9	10:42	1.0	6:57	7:07	
22	Sun	5:55	4.1	4:42	5.2	10:35	3.1	11:46	1.0	6:58	7:05	
23	Mon	7:13	4.1	5:45	5.1	11:56	3.2			6:59	7:04	
24	Tue	8:17	4.3	6:52	5.1	12:52	0.9	1:14	3.1	7:00	7:02	
25	Wed	9:04	4.5	7:58	5.2	1:52	0.7	2:15	2.8	7:00	7:01	
26	Thu	9:42	4.8	8:58	5.4	2:42	0.5	3:05	2.3	7:01	6:59	
27	Fri	10:16	5.1	9:54	5.6	3:27	0.4	3:49	1.8	7:02	6:58	
28	Sat	10:49	5.5	10:48	5.7	4:08	0.4	4:32	1.2	7:03	6:56	
29	Sun	11:23	5.8	11:41	5.8	4:48	0.4	5:16	0.6	7:04	6:55	
30	Mon	11:58	6.2			5:29	0.7	6:01	0.1	7:05	6:53	