

Alcatraz Island, CA - Nov 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:28	5.3	1:30	6.8	7:20	2.3	8:15	-1.2	7:36	6:10	
2	Sat	3:26	5.2	2:21	6.4	8:16	2.5	9:10	-0.9	7:37	6:09	
3	Sun	3:26	5.1	2:17	6.0	8:21	2.7	9:08	-0.5	6:38	5:08	
4	Mon	4:29	5.1	3:20	5.5	9:38	2.8	10:10	-0.1	6:39	5:07	
5	Tue	5:31	5.1	4:31	5.0	11:01	2.6	11:15	0.3	6:40	5:06	
6	Wed	6:29	5.3	5:49	4.6			12:18	2.2	6:41	5:05	
7	Thu	7:19	5.5	7:07	4.5	12:16	0.7	1:23	1.7	6:42	5:04	
8	Fri	8:02	5.6	8:17	4.5	1:11	1.0	2:16	1.2	6:43	5:03	
9	Sat	8:39	5.8	9:17	4.5	1:59	1.3	3:02	0.8	6:44	5:02	
10	Sun	9:11	5.9	10:10	4.6	2:42	1.6	3:42	0.4	6:45	5:01	
11	Mon	9:41	5.9	10:57	4.6	3:21	1.9	4:18	0.1	6:46	5:00	
12	Tue	10:09	5.9	11:41	4.7	3:57	2.2	4:51	-0.1	6:47	5:00	
13	Wed	10:38	5.9			4:32	2.5	5:23	-0.2	6:48	4:59	
14	Thu	12:22	4.7	11:08 AM	5.9	5:07	2.7	5:55	-0.3	6:49	4:58	
15	Fri	1:02	4.7	11:40 AM	5.9	5:41	2.8	6:28	-0.3	6:50	4:57	
16	Sat	1:42	4.6	12:14	5.7	6:18	3.0	7:03	-0.3	6:51	4:57	
17	Sun	2:23	4.6	12:51	5.6	6:58	3.1	7:42	-0.2	6:52	4:56	
18	Mon	3:07	4.6	1:33	5.3	7:45	3.1	8:24	-0.1	6:54	4:55	
19	Tue	3:53	4.6	2:22	5.0	8:43	3.1	9:11	0.1	6:55	4:55	
20	Wed	4:41	4.7	3:22	4.7	9:54	3.0	10:03	0.4	6:56	4:54	
21	Thu	5:29	4.9	4:36	4.4	11:12	2.7	11:00	0.7	6:57	4:54	
22	Fri	6:14	5.2	5:59	4.3			12:21	2.1	6:58	4:53	
23	Sat	6:57	5.6	7:20	4.3			1:20	1.4	6:59	4:53	
24	Sun	7:39	6.0	8:34	4.5	12:53	1.3	2:11	0.6	7:00	4:52	
25	Mon	8:20	6.4	9:40	4.7	1:46	1.5	3:00	-0.2	7:01	4:52	
26	Tue	9:03	6.7	10:39	4.9	2:38	1.8	3:48	-0.8	7:02	4:52	
27	Wed	9:47	7.0	11:35	5.1	3:28	2.0	4:35	-1.3	7:03	4:51	
28	Thu	10:33	7.1			4:19	2.2	5:23	-1.5	7:04	4:51	
29	Fri	12:28	5.2	11:21 AM	7.0	5:11	2.4	6:11	-1.6	7:05	4:51	
30	Sat	1:20	5.3	12:10	6.8	6:05	2.5	6:59	-1.4	7:06	4:51	