

Alcatraz Island, CA - Feb 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:45	5.4	4:10	3.9	10:12	1.6	9:42	1.9	7:12	5:33	
2	Sun	4:28	5.4	5:36	3.6	11:20	1.4	10:38	2.4	7:11	5:34	
3	Mon	5:16	5.4	7:14	3.6			12:28	1.2	7:11	5:35	
4	Tue	6:09	5.4	8:33	3.8			1:28	0.9	7:10	5:36	
5	Wed	7:02	5.5	9:26	4.1	12:57	2.9	2:20	0.6	7:09	5:38	
6	Thu	7:53	5.6	10:06	4.4	1:56	2.9	3:03	0.3	7:08	5:39	
7	Fri	8:40	5.8	10:40	4.6	2:45	2.8	3:40	0.0	7:07	5:40	
8	Sat	9:24	5.9	11:10	4.8	3:28	2.6	4:15	-0.2	7:06	5:41	
9	Sun	10:07	6.0	11:40	4.9	4:07	2.4	4:48	-0.4	7:05	5:42	
10	Mon	10:48	6.1			4:45	2.2	5:20	-0.4	7:03	5:43	
11	Tue	12:11	5.1	11:31 AM	6.0	5:23	1.9	5:53	-0.4	7:02	5:44	
12	Wed	12:42	5.3	12:15	5.8	6:04	1.6	6:28	-0.2	7:01	5:45	
13	Thu	1:15	5.5	1:02	5.5	6:48	1.3	7:05	0.2	7:00	5:46	
14	Fri	1:50	5.7	1:54	5.1	7:37	1.1	7:45	0.7	6:59	5:47	
15	Sat	2:28	5.8	2:55	4.6	8:33	0.9	8:29	1.2	6:58	5:48	
16	Sun	3:12	5.9	4:08	4.2	9:36	0.8	9:21	1.8	6:57	5:50	
17	Mon	4:03	5.9	5:37	4.0	10:49	0.6	10:26	2.3	6:55	5:51	
18	Tue	5:02	6.0	7:09	4.1			12:06	0.4	6:54	5:52	
19	Wed	6:08	6.0	8:24	4.4			1:17	0.0	6:53	5:53	
20	Thu	7:15	6.1	9:20	4.7	1:03	2.6	2:18	-0.3	6:52	5:54	
21	Fri	8:17	6.2	10:07	5.0	2:11	2.4	3:10	-0.5	6:50	5:55	
22	Sat	9:14	6.2	10:48	5.3	3:09	2.1	3:56	-0.6	6:49	5:56	
23	Sun	10:06	6.2	11:26	5.4	4:00	1.8	4:37	-0.5	6:48	5:57	
24	Mon	10:54	6.0			4:47	1.5	5:16	-0.3	6:46	5:58	
25	Tue	12:01	5.5	11:40 AM	5.8	5:32	1.3	5:52	0.0	6:45	5:59	
26	Wed	12:34	5.6	12:25	5.5	6:15	1.1	6:27	0.3	6:44	6:00	
27	Thu	1:06	5.6	1:09	5.1	6:57	1.0	7:02	0.8	6:42	6:01	
28	Fri	1:37	5.5	1:55	4.7	7:40	1.0	7:38	1.3	6:41	6:02	