

Alcatraz Island, CA - Apr 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:30	5.1	5:33	3.9	10:20	0.5	10:20	2.8	6:53	7:32	
2	Wed	4:18	4.9	6:46	3.9	11:18	0.6	11:36	3.0	6:52	7:33	
3	Thu	5:17	4.7	7:54	4.0			12:23	0.6	6:50	7:34	
4	Fri	6:25	4.6	8:45	4.2	12:59	2.9	1:25	0.6	6:49	7:35	
5	Sat	7:35	4.6	9:25	4.5	2:05	2.6	2:20	0.5	6:47	7:36	
6	Sun	8:39	4.7	10:00	4.8	2:57	2.1	3:07	0.4	6:46	7:37	
7	Mon	9:38	4.9	10:32	5.1	3:41	1.6	3:49	0.3	6:44	7:38	
8	Tue	10:32	5.1	11:05	5.5	4:22	1.1	4:29	0.4	6:43	7:39	
9	Wed	11:25	5.2	11:39	5.8	5:03	0.5	5:09	0.5	6:41	7:40	
10	Thu			12:18	5.2	5:45	-0.1	5:50	0.8	6:40	7:41	
11	Fri	12:15	6.1	1:11	5.2	6:29	-0.5	6:32	1.1	6:38	7:42	
12	Sat	12:53	6.3	2:05	5.1	7:16	-0.9	7:16	1.5	6:37	7:43	
13	Sun	1:34	6.3	3:03	4.9	8:05	-1.0	8:05	1.8	6:36	7:43	
14	Mon	2:20	6.2	4:05	4.7	8:59	-1.0	9:00	2.2	6:34	7:44	
15	Tue	3:11	6.0	5:12	4.6	9:57	-0.8	10:06	2.4	6:33	7:45	
16	Wed	4:09	5.7	6:22	4.6	11:02	-0.5	11:28	2.5	6:31	7:46	
17	Thu	5:17	5.3	7:30	4.8			12:11	-0.2	6:30	7:47	
18	Fri	6:32	4.9	8:28	5.0	12:53	2.3	1:18	0.0	6:29	7:48	
19	Sat	7:49	4.8	9:17	5.2	2:07	1.9	2:19	0.2	6:27	7:49	
20	Sun	9:01	4.7	9:59	5.4	3:08	1.4	3:11	0.4	6:26	7:50	
21	Mon	10:03	4.7	10:36	5.6	3:59	0.9	3:56	0.6	6:25	7:51	
22	Tue	10:58	4.7	11:09	5.6	4:44	0.5	4:37	0.9	6:23	7:52	
23	Wed	11:48	4.7	11:39	5.7	5:24	0.2	5:14	1.2	6:22	7:53	
24	Thu			12:35	4.6	6:01	0.0	5:50	1.6	6:21	7:54	
25	Fri	12:08	5.7	1:18	4.6	6:36	-0.2	6:25	1.9	6:20	7:55	
26	Sat	12:36	5.6	2:01	4.5	7:09	-0.3	7:00	2.1	6:18	7:55	
27	Sun	1:05	5.5	2:44	4.4	7:43	-0.3	7:36	2.4	6:17	7:56	
28	Mon	1:36	5.4	3:28	4.3	8:19	-0.3	8:14	2.6	6:16	7:57	
29	Tue	2:10	5.3	4:15	4.2	8:58	-0.2	8:58	2.8	6:15	7:58	
30	Wed	2:49	5.0	5:06	4.2	9:41	0.0	9:53	2.9	6:14	7:59	