

Alcatraz Island, CA - May 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:35	4.8	6:02	4.2	10:30	0.1	11:04	2.9	6:12	8:00	
2	Fri	4:31	4.5	6:56	4.3	11:25	0.3			6:11	8:01	
3	Sat	5:38	4.3	7:44	4.5	12:22	2.7	12:22	0.4	6:10	8:02	
4	Sun	6:53	4.2	8:26	4.8	1:31	2.3	1:18	0.5	6:09	8:03	
5	Mon	8:07	4.2	9:04	5.2	2:26	1.8	2:11	0.6	6:08	8:04	
6	Tue	9:16	4.4	9:41	5.5	3:14	1.1	3:00	0.8	6:07	8:05	
7	Wed	10:19	4.6	10:18	5.9	3:59	0.4	3:46	1.0	6:06	8:06	
8	Thu	11:18	4.7	10:57	6.3	4:43	-0.2	4:32	1.2	6:05	8:07	
9	Fri			12:15	4.9	5:28	-0.8	5:18	1.5	6:04	8:07	
10	Sat			1:10	5.0	6:14	-1.3	6:06	1.8	6:03	8:08	
11	Sun	12:21	6.6	2:05	5.0	7:02	-1.5	6:56	2.0	6:02	8:09	
12	Mon	1:07	6.6	3:01	5.0	7:52	-1.6	7:51	2.2	6:01	8:10	
13	Tue	1:57	6.4	3:58	5.0	8:44	-1.4	8:51	2.4	6:00	8:11	
14	Wed	2:50	6.0	4:56	5.0	9:39	-1.1	10:02	2.4	5:59	8:12	
15	Thu	3:50	5.5	5:56	5.0	10:37	-0.7	11:21	2.3	5:59	8:13	
16	Fri	4:56	5.0	6:54	5.2	11:37	-0.2			5:58	8:14	
17	Sat	6:11	4.5	7:47	5.3	12:41	2.0	12:38	0.2	5:57	8:14	
18	Sun	7:31	4.2	8:35	5.5	1:53	1.6	1:37	0.6	5:56	8:15	
19	Mon	8:48	4.1	9:17	5.7	2:53	1.1	2:30	1.0	5:55	8:16	
20	Tue	9:56	4.2	9:54	5.8	3:44	0.6	3:18	1.4	5:55	8:17	
21	Wed	10:55	4.2	10:28	5.8	4:29	0.2	4:01	1.7	5:54	8:18	
22	Thu	11:47	4.3	10:59	5.8	5:08	-0.1	4:42	2.0	5:53	8:19	
23	Fri			12:33	4.4	5:43	-0.3	5:20	2.3	5:53	8:19	
24	Sat			1:16	4.4	6:17	-0.4	5:57	2.5	5:52	8:20	
25	Sun	12:00	5.8	1:56	4.5	6:50	-0.5	6:34	2.6	5:52	8:21	
26	Mon	12:32	5.7	2:35	4.5	7:22	-0.6	7:12	2.8	5:51	8:22	
27	Tue	1:06	5.6	3:14	4.5	7:56	-0.5	7:51	2.9	5:51	8:22	
28	Wed	1:41	5.4	3:53	4.5	8:32	-0.5	8:35	2.9	5:50	8:23	
29	Thu	2:21	5.2	4:35	4.5	9:11	-0.3	9:27	2.9	5:50	8:24	
30	Fri	3:05	4.9	5:18	4.6	9:53	-0.1	10:30	2.8	5:49	8:25	
31	Sat	3:57	4.6	6:03	4.8	10:39	0.1	11:41	2.6	5:49	8:25	