

Alcatraz Island, CA - Jun 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:01	4.2	6:47	5.0	11:30	0.4			5:49	8:26	
2	Mon	6:18	4.0	7:30	5.3	12:51	2.1	12:24	0.7	5:48	8:27	
3	Tue	7:41	3.9	8:13	5.7	1:53	1.5	1:20	1.1	5:48	8:27	
4	Wed	9:01	4.0	8:56	6.0	2:47	0.8	2:15	1.4	5:48	8:28	
5	Thu	10:11	4.2	9:39	6.4	3:37	0.1	3:08	1.7	5:47	8:28	
6	Fri	11:14	4.5	10:24	6.7	4:25	-0.6	4:01	1.9	5:47	8:29	
7	Sat			12:12	4.8	5:13	-1.2	4:53	2.1	5:47	8:30	
8	Sun			1:06	5.0	6:01	-1.5	5:46	2.2	5:47	8:30	
9	Mon			1:57	5.1	6:49	-1.7	6:41	2.3	5:47	8:31	
10	Tue	12:49	6.8	2:48	5.2	7:38	-1.7	7:38	2.3	5:47	8:31	
11	Wed	1:40	6.5	3:38	5.3	8:27	-1.4	8:40	2.3	5:47	8:32	
12	Thu	2:34	6.0	4:29	5.4	9:17	-1.0	9:48	2.3	5:47	8:32	
13	Fri	3:31	5.4	5:20	5.4	10:08	-0.5	11:01	2.1	5:47	8:32	
14	Sat	4:35	4.8	6:11	5.5	11:00	0.1			5:47	8:33	
15	Sun	5:47	4.3	7:01	5.6	12:16	1.8	11:56 AM	0.7	5:47	8:33	
16	Mon	7:09	3.9	7:48	5.7	1:26	1.5	12:52	1.2	5:47	8:34	
17	Tue	8:33	3.8	8:31	5.8	2:28	1.0	1:48	1.7	5:47	8:34	
18	Wed	9:47	3.9	9:11	5.9	3:22	0.6	2:40	2.0	5:47	8:34	
19	Thu	10:49	4.1	9:48	6.0	4:07	0.2	3:29	2.3	5:47	8:34	
20	Fri	11:40	4.3	10:24	6.0	4:47	0.0	4:13	2.6	5:47	8:35	
21	Sat			12:24	4.4	5:24	-0.2	4:55	2.7	5:48	8:35	
22	Sun			1:03	4.5	5:57	-0.4	5:34	2.8	5:48	8:35	
23	Mon			1:39	4.6	6:30	-0.5	6:12	2.9	5:48	8:35	
24	Tue	12:09	5.9	2:13	4.6	7:02	-0.5	6:50	2.9	5:48	8:35	
25	Wed	12:45	5.8	2:47	4.7	7:34	-0.5	7:30	2.8	5:49	8:35	
26	Thu	1:22	5.7	3:21	4.8	8:07	-0.5	8:13	2.8	5:49	8:35	
27	Fri	2:01	5.4	3:56	4.9	8:43	-0.3	9:01	2.7	5:50	8:36	
28	Sat	2:45	5.1	4:34	5.1	9:21	-0.1	9:57	2.5	5:50	8:36	
29	Sun	3:36	4.7	5:13	5.3	10:02	0.3	11:02	2.2	5:50	8:35	
30	Mon	4:39	4.3	5:56	5.5	10:49	0.7			5:51	8:35	