

Alcatraz Island, CA - Aug 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:51	4.1	7:55	6.5	1:58	0.5	1:24	2.5	6:13	8:18	
2	Sat	10:00	4.5	8:53	6.7	3:00	0.0	2:32	2.6	6:14	8:17	
3	Sun	10:56	4.8	9:50	6.9	3:54	-0.5	3:35	2.5	6:15	8:16	
4	Mon	11:44	5.1	10:44	6.9	4:44	-0.8	4:32	2.3	6:16	8:15	
5	Tue			12:28	5.3	5:31	-0.9	5:26	2.1	6:17	8:14	
6	Wed			1:09	5.5	6:15	-0.8	6:18	1.9	6:18	8:13	
7	Thu	12:27	6.6	1:49	5.7	6:57	-0.6	7:09	1.7	6:18	8:11	
8	Fri	1:17	6.2	2:28	5.8	7:38	-0.3	8:01	1.6	6:19	8:10	
9	Sat	2:07	5.8	3:07	5.8	8:19	0.2	8:54	1.5	6:20	8:09	
10	Sun	2:58	5.3	3:46	5.8	9:00	0.8	9:49	1.5	6:21	8:08	
11	Mon	3:54	4.7	4:26	5.7	9:43	1.4	10:50	1.5	6:22	8:07	
12	Tue	4:59	4.3	5:10	5.6	10:31	1.9	11:56	1.4	6:23	8:06	
13	Wed	6:19	4.0	5:59	5.5	11:29	2.4			6:24	8:04	
14	Thu	7:50	3.9	6:52	5.5	1:04	1.3	12:36	2.8	6:25	8:03	
15	Fri	9:09	4.1	7:46	5.6	2:06	1.0	1:44	2.9	6:25	8:02	
16	Sat	10:05	4.3	8:38	5.7	3:00	0.8	2:43	2.9	6:26	8:01	
17	Sun	10:48	4.5	9:26	5.8	3:46	0.5	3:33	2.8	6:27	7:59	
18	Mon	11:22	4.7	10:11	5.9	4:25	0.3	4:16	2.7	6:28	7:58	
19	Tue	11:53	4.8	10:53	6.0	5:00	0.2	4:54	2.5	6:29	7:57	
20	Wed			12:22	5.0	5:33	0.1	5:31	2.3	6:30	7:55	
21	Thu			12:51	5.2	6:04	0.0	6:08	2.0	6:31	7:54	
22	Fri	12:16	6.0	1:21	5.4	6:36	0.1	6:46	1.8	6:31	7:53	
23	Sat	12:59	5.8	1:52	5.6	7:09	0.3	7:27	1.5	6:32	7:51	
24	Sun	1:44	5.6	2:25	5.7	7:44	0.6	8:13	1.3	6:33	7:50	
25	Mon	2:33	5.2	3:02	5.9	8:22	1.0	9:04	1.1	6:34	7:48	
26	Tue	3:30	4.9	3:43	6.0	9:04	1.5	10:02	0.9	6:35	7:47	
27	Wed	4:37	4.5	4:31	6.0	9:53	2.0	11:09	0.8	6:36	7:45	
28	Thu	5:58	4.3	5:28	6.1	10:53	2.4			6:36	7:44	
29	Fri	7:26	4.3	6:32	6.1	12:23	0.6	12:07	2.7	6:37	7:43	
30	Sat	8:44	4.5	7:39	6.2	1:36	0.3	1:26	2.7	6:38	7:41	
31	Sun	9:44	4.8	8:44	6.3	2:41	0.0	2:36	2.5	6:39	7:40	