

Alcatraz Island, CA - Sep 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:33	5.1	9:44	6.4	3:36	-0.2	3:36	2.2	6:40	7:38	
2	Tue	11:16	5.4	10:39	6.4	4:25	-0.3	4:30	1.9	6:41	7:37	
3	Wed	11:56	5.6	11:31	6.3	5:09	-0.2	5:20	1.5	6:42	7:35	
4	Thu			12:33	5.8	5:50	-0.1	6:07	1.2	6:42	7:34	
5	Fri	12:21	6.1	1:09	5.8	6:29	0.2	6:52	1.0	6:43	7:32	
6	Sat	1:09	5.8	1:43	5.9	7:07	0.6	7:37	0.9	6:44	7:31	
7	Sun	1:57	5.4	2:17	5.8	7:45	1.1	8:22	0.9	6:45	7:29	
8	Mon	2:47	5.1	2:52	5.7	8:24	1.6	9:09	0.9	6:46	7:28	
9	Tue	3:40	4.7	3:29	5.6	9:06	2.1	10:00	1.0	6:47	7:26	
10	Wed	4:41	4.3	4:10	5.4	9:53	2.5	10:58	1.1	6:47	7:24	
11	Thu	5:54	4.1	5:00	5.3	10:53	2.9			6:48	7:23	
12	Fri	7:17	4.1	5:58	5.2	12:04	1.2	12:09	3.1	6:49	7:21	
13	Sat	8:30	4.2	7:01	5.2	1:11	1.1	1:23	3.1	6:50	7:20	
14	Sun	9:22	4.4	8:02	5.2	2:10	0.9	2:24	2.9	6:51	7:18	
15	Mon	10:00	4.6	8:58	5.4	2:59	0.8	3:13	2.6	6:52	7:17	
16	Tue	10:33	4.8	9:47	5.5	3:41	0.6	3:54	2.3	6:52	7:15	
17	Wed	11:02	5.1	10:34	5.6	4:18	0.5	4:32	1.9	6:53	7:14	
18	Thu	11:32	5.3	11:20	5.7	4:53	0.5	5:09	1.5	6:54	7:12	
19	Fri			12:01	5.5	5:26	0.5	5:46	1.1	6:55	7:10	
20	Sat	12:05	5.7	12:33	5.8	6:01	0.7	6:25	0.8	6:56	7:09	
21	Sun	12:53	5.6	1:06	6.0	6:37	0.9	7:07	0.4	6:57	7:07	
22	Mon	1:42	5.4	1:41	6.1	7:15	1.3	7:53	0.2	6:58	7:06	
23	Tue	2:36	5.2	2:21	6.2	7:56	1.7	8:44	0.1	6:58	7:04	
24	Wed	3:36	4.9	3:06	6.2	8:43	2.1	9:41	0.1	6:59	7:03	
25	Thu	4:44	4.7	3:59	6.0	9:39	2.5	10:46	0.2	7:00	7:01	
26	Fri	6:00	4.6	5:02	5.9	10:49	2.8	11:59	0.2	7:01	7:00	
27	Sat	7:17	4.6	6:14	5.7			12:14	2.8	7:02	6:58	
28	Sun	8:24	4.9	7:28	5.6	1:11	0.2	1:34	2.6	7:03	6:56	
29	Mon	9:18	5.2	8:38	5.7	2:16	0.2	2:41	2.1	7:04	6:55	
30	Tue	10:03	5.5	9:40	5.7	3:11	0.2	3:38	1.7	7:05	6:53	