

Alcatraz Island, CA - Oct 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:43	5.7	10:37	5.7	3:59	0.3	4:27	1.2	7:05	6:52	
2	Thu	11:20	5.9	11:29	5.6	4:41	0.5	5:12	0.8	7:06	6:50	
3	Fri	11:54	5.9			5:21	0.8	5:54	0.5	7:07	6:49	
4	Sat	12:18	5.5	12:27	6.0	5:59	1.1	6:35	0.4	7:08	6:47	
5	Sun	1:06	5.3	12:58	5.9	6:36	1.5	7:14	0.3	7:09	6:46	
6	Mon	1:53	5.1	1:29	5.8	7:13	1.9	7:52	0.3	7:10	6:44	
7	Tue	2:40	4.8	2:01	5.7	7:51	2.3	8:33	0.4	7:11	6:43	
8	Wed	3:29	4.6	2:35	5.5	8:32	2.6	9:16	0.5	7:12	6:41	
9	Thu	4:24	4.4	3:16	5.3	9:19	2.9	10:06	0.7	7:13	6:40	
10	Fri	5:26	4.3	4:04	5.0	10:19	3.1	11:03	0.8	7:14	6:38	
11	Sat	6:34	4.3	5:03	4.8	11:38	3.2			7:14	6:37	
12	Sun	7:37	4.4	6:11	4.7	12:06	0.9	12:56	3.1	7:15	6:36	
13	Mon	8:26	4.6	7:21	4.7	1:07	0.9	1:58	2.7	7:16	6:34	
14	Tue	9:04	4.8	8:25	4.8	2:01	0.9	2:48	2.3	7:17	6:33	
15	Wed	9:38	5.1	9:23	4.9	2:48	0.8	3:30	1.8	7:18	6:31	
16	Thu	10:09	5.4	10:16	5.1	3:29	0.8	4:08	1.3	7:19	6:30	
17	Fri	10:41	5.7	11:07	5.2	4:08	0.9	4:46	0.7	7:20	6:29	
18	Sat	11:13	6.0	11:58	5.3	4:46	1.1	5:25	0.2	7:21	6:27	
19	Sun	11:48	6.2			5:25	1.3	6:06	-0.2	7:22	6:26	
20	Mon	12:50	5.3	12:25	6.4	6:06	1.6	6:50	-0.6	7:23	6:25	
21	Tue	1:43	5.3	1:05	6.5	6:49	1.9	7:37	-0.8	7:24	6:23	
22	Wed	2:38	5.2	1:49	6.5	7:36	2.2	8:28	-0.8	7:25	6:22	
23	Thu	3:37	5.0	2:39	6.3	8:29	2.5	9:24	-0.6	7:26	6:21	
24	Fri	4:41	4.9	3:36	6.0	9:32	2.7	10:25	-0.3	7:27	6:19	
25	Sat	5:48	4.9	4:42	5.6	10:50	2.8	11:32	-0.1	7:28	6:18	
26	Sun	6:54	5.0	5:57	5.2			12:16	2.6	7:29	6:17	
27	Mon	7:53	5.3	7:15	5.0	12:40	0.2	1:34	2.2	7:30	6:16	
28	Tue	8:44	5.5	8:30	4.9	1:43	0.4	2:39	1.6	7:31	6:15	
29	Wed	9:28	5.8	9:37	5.0	2:39	0.7	3:33	1.1	7:32	6:13	
30	Thu	10:07	6.0	10:37	5.0	3:27	0.9	4:21	0.6	7:33	6:12	
31	Fri	10:43	6.1	11:30	5.0	4:11	1.2	5:03	0.2	7:34	6:11	