

Alcatraz Island, CA - Nov 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:16	6.1			4:51	1.6	5:42	0.0	7:35	6:10	
2	Sun	12:19	5.0	10:47 AM	6.1	4:30	1.9	5:18	-0.2	6:36	5:09	
3	Mon	12:05	4.9	11:17 AM	6.0	5:07	2.2	5:53	-0.2	6:37	5:08	
4	Tue	12:50	4.8	11:47 AM	5.9	5:44	2.5	6:28	-0.2	6:38	5:07	
5	Wed	1:34	4.7	12:19	5.7	6:23	2.7	7:04	-0.1	6:39	5:06	
6	Thu	2:18	4.6	12:54	5.5	7:03	2.9	7:43	0.0	6:41	5:05	
7	Fri	3:04	4.5	1:33	5.3	7:49	3.1	8:25	0.2	6:42	5:04	
8	Sat	3:53	4.5	2:18	5.0	8:45	3.2	9:12	0.4	6:43	5:03	
9	Sun	4:45	4.5	3:13	4.7	9:56	3.2	10:05	0.6	6:44	5:02	
10	Mon	5:36	4.6	4:20	4.4	11:15	3.0	11:01	0.8	6:45	5:01	
11	Tue	6:23	4.8	5:34	4.3			12:22	2.6	6:46	5:01	
12	Wed	7:04	5.1	6:50	4.3			1:16	2.1	6:47	5:00	
13	Thu	7:42	5.4	7:59	4.4	12:49	1.1	2:01	1.4	6:48	4:59	
14	Fri	8:18	5.8	9:01	4.6	1:38	1.3	2:43	0.8	6:49	4:58	
15	Sat	8:54	6.1	9:59	4.8	2:23	1.5	3:25	0.1	6:50	4:58	
16	Sun	9:32	6.4	10:54	5.0	3:08	1.7	4:07	-0.5	6:51	4:57	
17	Mon	10:11	6.7	11:47	5.1	3:53	1.9	4:50	-1.0	6:52	4:56	
18	Tue	10:53	6.9			4:39	2.1	5:36	-1.3	6:53	4:56	
19	Wed	12:40	5.2	11:39 AM	6.9	5:28	2.3	6:24	-1.4	6:54	4:55	
20	Thu	1:34	5.2	12:27	6.7	6:20	2.5	7:14	-1.3	6:55	4:54	
21	Fri	2:28	5.2	1:20	6.4	7:18	2.6	8:07	-1.0	6:56	4:54	
22	Sat	3:24	5.2	2:18	5.9	8:25	2.6	9:02	-0.6	6:57	4:53	
23	Sun	4:22	5.3	3:23	5.3	9:42	2.5	10:02	-0.1	6:58	4:53	
24	Mon	5:19	5.4	4:38	4.8	11:05	2.3	11:03	0.4	7:00	4:52	
25	Tue	6:14	5.6	6:00	4.5			12:21	1.8	7:01	4:52	
26	Wed	7:04	5.8	7:21	4.3	12:05	0.8	1:26	1.3	7:02	4:52	
27	Thu	7:50	6.0	8:34	4.4	1:02	1.2	2:22	0.7	7:03	4:51	
28	Fri	8:30	6.1	9:37	4.5	1:54	1.6	3:09	0.3	7:03	4:51	
29	Sat	9:07	6.2	10:31	4.6	2:41	1.9	3:50	0.0	7:04	4:51	
30	Sun	9:41	6.2	11:19	4.7	3:25	2.2	4:28	-0.3	7:05	4:51	